

PROGRAM BOOKLET TOP WEEK

2025



Dear new student, welcome to Tilburg!

We're excited that you have decided to join TOP Week 2025. Get ready to kickstart your life as a student by exploring Tilburg University, the study, student, and sports associations, and everything else Tilburg has to offer. Most importantly, you'll meet new people and build lasting friendships. TOP Week is the best start of your life as a student in Tilburg!

Stay updated

Follow us on Instagram, Facebook, and TikTok. Download the TOP Week App from the App Store or Google Play Store. The TOP App is your main source for updates, the program schedule, and topping up your TOP wristband for payments throughout the week.

Need help?

Contact us via WhatsApp at + 31 6 42 09 21 70 or send an e-mail to topregistratie@uvt.nl.

Enjoy TOP Week!

Best regards, TOP Board 2025





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Important information

This booklet provides you with an overview of TOP Week 2025. TOP Week is all about meeting other students, discovering the city of Tilburg, and settling into student life. During TOP Week, two mentors will guide you. Mentors are senior students to help you navigate TOP Week. Get ready for a great start in this new city!

Contact information

During TOP Week, the TOP organization can be recognized by their bright blue shirts. In the event of any problems or questions during the Week, you can always approach us. Besides that, we will be available 24 hours a day at the following number: +31 6 42 09 21 70.

In case of an emergency or if you need the police, an ambulance, or the fire department, call '112'. In all emergencies, please contact us immediately. On page 38 of this booklet, you will find a list of important contact details.

Information Point and First Aid

At all the activities organized by TOP during TOP Week, an information point will be available. A TOP organization member will be present at this information point who will answer all your questions. There will also be first aid stations present at activities organized by TOP during TOP Week.

TOP Headquarters (HQ)

The central meeting point during TOP Week is TOP Headquarters at the Locomotiefboulevard. Visit HQ for any questions you might have, or to pick up your wristband and the TOP goodie bag if you have missed Monday's registration. The last chance to get your wristband is Wednesday before the TOP Cantus.

General information

TOP wristband

On Monday, August 18, you'll receive your TOP wristband, which gives you access to all activities and serves as your e-wallet so make sure to wear it all week. If your wristband is ripped, torn, or broken, you can get a replacement for free by bringing the broken band and your ID to HQ. Lost wristbands cost € 30 to replace. Any wristbands confiscated by the TOP Organization cannot be replaced.

You receive a wristband according to your age. Without a wristband, you will not be served alcohol and do not have access to TOP activities, so do not take off your wristband before TOP Week has ended. All wristbands will be checked at the entrances to TOP activities. The TOP organization, security staff, and/or bar personnel are allowed to ask for identity cards to verify your age.

The wristband serves several purposes during TOP Week.

- Making payments: Tap your wristband at payment terminals to order drinks, and the cost will be charged to your account. Please note that some activities, like Eat & Greet, Explore 013 Fair, Pub Crawl, Outdoor Cinema, TOP Fit, the Cooldown and the After- and Open Parties require cash or a bank card to purchase food, drinks, etc. as these are organized at external locations.
- Checking in at events: Help us improve TOP by checking in at our events using your wristband.

TOP Week App

Access the TOP Week App on your smartphone or desktop for event details, including the program, locations, and real-time updates via push notifications. It is essential that you and your group download the app.

You will receive an e-mail to activate your account in the week before TOP Week. Activation is necessary for participating in activities that require registration via the app. If you haven't activated your account before the Registration on Monday, your wristband cannot be connected to your account.

The application has many handy features, like seeing your personal TOP Week program, information about all sorts of associations in Tilburg, a chat with your group, and a map of Tilburg with all student hotspots.

Please note: The TOP Week App will be open for all participants and mentors the weekend before the start of TOP Winter Week. Make sure to keep an eye on our socials for the exact date and time of the launch.



Payment system

During TOP Week, all beverage payments are made via a cashless system using your wristband. However, if you cannot top up your chip online, make sure to visit the payment help desk. Tokens are no longer used. A week before TOP Week, you'll receive an e-mail to create an account for the app. Once your account is set up, you can log in and top up your balance.

How do I top up my balance?

- Download the TOP Week application
- Log in to your account with your received login credentials via e-mail
- Go to 'Tokens'
- Top up your balance with the following payment methods: iDEAL, credit card, or PayPal

Payment help desk

If you encounter any issues or have questions about topping up your balance in the app during TOP Week, physical cash desks will be available at the following activities: Spoorzone Dinner, TOP Tune In, Explore 013 Fair, TOP Cantus, TOP Festival. Please note, the payment help desk does not take physical cash.

Refunds

After TOP Week 2025, any remaining balance in your account will be automatically refunded to your bank account, provided that your IBAN (International Bank Account Number) is filled in correctly. This must be done by October 1, 2025, as refunds will not be issued after this date. Refunds cannot be processed during TOP Week.

Smoking policy at Tilburg University

Tilburg University is a smoke-free campus. This entails that smoking (e-)cigarettes is not allowed on the Tilburg University campus and in and around the Tilburg University Sports Center.

Alcohol policy

TOP offers a fun program that can be enjoyed even without alcohol. Moreover, TOP has to comply with the following legal rules under Dutch Law.

- It is prohibited to sell or serve alcohol to people younger than 18.
- People under the age of 18 are prohibited from possessing or drinking alcohol in public places (streets, pubs, train stations, parks).
- The law does not differentiate between beverages with different percentages of alcohol.

Measures taken by TOP

- Age wristbands: Participants get a wristband based on their age: pink for under 18 and blue for 18 and over. Wear your wristband throughout TOP Week to be served at bars.
- Age checks: There will be age wristband checks at all TOP activities, bars, and student associations. The TOP organization and security and bar personnel are allowed to ask you for identification to verify your age.
- Supervision: The organization and security and bar personnel will monitor age wristbands during the entire week.
- Consequences: Under-18 participants caught drinking alcohol risk losing their TOP wristband and being banned from all activities.

Drugs policy

According to the Dutch Opium Act, it is legal to use and carry a certain amount of soft drugs. However, TOP does not tolerate the use of any drugs during TOP Week. Participants are prohibited from attending activities under the influence of drugs, possessing drugs, or engaging in drug sales during any event. Entry may be refused if there is suspicion of drug use, and violators risk losing their TOP wristband. Security personnel are authorized to conduct searches if suspicions arise. Those found in possession of significant quantities of drugs or suspected of dealing will be handed over to the police. However, if there are serious medical issues concerning drug abuse, you should always call the Dutch emergency number: 112. You will not get arrested, as using drugs is not prohibited in the Netherlands.

Transgressive behavior

If you experience transgressive behavior during TOP Winter Week or elsewhere, there are several organizations that you can contact for support. The TOP board members are always available to help and guide you in this.

In the event of sexual violence, you can contact one of the following authorities: Police (112 for emergencies / 0900-8844 if it is not an emergency) or the Sexual Assault Center: 0800-0188. All phone numbers are available 24 hours a day.

Tilburg University also has a confidential advisor whom you can contact if you want to further discuss your experience in a safe place. More information about the confidential advisors can be found here.

Severe weather conditions

If there is a substantial chance of severe weather conditions during an event, you will be kept up to date via the TOP Week App and our Instagram page (@topweek013). Some events have alternative indoor locations in the event of bad weather, so make sure to download the TOP Week App on your smartphone and follow us on our Instagram.

Social media

Any information additional to this booklet will be available during TOP Week in the TOP Week App or on our Instagram page (@topweek013). The interviews during TOP Week will be posted on TikTok. All photos taken during TOP Week will be posted on our Facebook page afterwards. Click on the icons below to go to our socials and download the TOP Week App.











International meeting point

Looking for a place to hang out during TOP Week? Hostel Roots is open from 10:00 to 21:00, Monday through Thursday, as a cozy meeting spot for international students. Come by to meet new people, play games, and grab a drink in a relaxed atmosphere.

Important dates

Registration

On Monday, August 18, the registration for TOP Winter 2025 will take place at the Sports Center (Academielaan 5, 5037 ET, Tilburg). Please make sure you bring your passport or ID and that you have downloaded the TOP Week application. The application contains a QR code that is needed for registration. Please note that you do not need the e-ticket from your TOP account, but the QR code from the app. At the registration, you will receive a wristband and a goodie bag. The wristband gives you access to all TOP Week activities.

Study Program Introduction at Tilburg University

Your Study Program Introduction (SPI) might take place during TOP Week. The SPI provides details about studying and your program's curriculum. Organized by the various Schools of Tilburg University, the SPI is a separate program from TOP Week. All SPIs on Monday, August 18, happen after the TOP Registration. You'll get more details from your School. Please note that the SPI is not part of TOP Week. If you have any questions, please refer to this website.



Registration Days

During the Registration Days, you will receive a warm welcome to Tilburg and Tilburg University. The Registration Days will take place on Thursday, August 14, and Friday, August 15, and they are meant for all new students starting in the fall semester. The TOP Foundation strongly encourages international students to join this day, as all kinds of services will be provided to make sure you have a relaxed and well-organized start in Tilburg. Some of the services that you can expect include:

- In-person travel assistance at both Schiphol and Eindhoven Airports, as well as at Tilburg University's train station;
- Meet the International Office Coordinators (Admission, Immigration, Study Abroad and Housing);
- Visit the Student Desk for all your general questions;
- Meet all our partners like AON Insurances, ABN AMRO (bank), the Tilburg University Sports Center, International Center Tilburg, and bicycle sellers. For example, you can open a Dutch bank account, arrange insurances, or buy a bicycle.

There will also be music, refreshments, and the opportunity to meet other new international arrivals! For more information on the Registration Days, please visit this website.

Mentors and group division

During TOP Week, participants will be divided into groups of approximately 20 students from all over the world. If you are an exchange student, you will be placed in a group with other exchange students; if you are a degree-seeking student, the other group members will also be degree-seeking students. In the weekend before the start of TOP Week, you will receive an e-mail with your group number and registration time.

You will be guided by student mentors, who will introduce you to student life in Tilburg and to Tilburg University. Your mentors will provide you with all the information you might need. A few days before the start of TOP Week, we will send your name and phone number to your mentors, so they can create a WhatsApp group chat.

If for some reason you're having trouble with your mentors during TOP Week, you can always call +31 6 42 09 21 70. Your complaints will be taken seriously and will be dealt with anonymously. It is also possible to file complaints after TOP Week.

WhatsApp group chat

Your TOP mentors will form a WhatsApp group chat approximately one week before TOP Week begins. Use this group chat to make clear agreements about sleeping accommodation and to already get to know each other. Certain activities like TOP Fit and the Alternative Activity, both on Wednesday, require registration through the TOP Week App. Once your group chat has been made, you can discuss and decide together which time slots or activities to participate in.

Dinner

Each afternoon, you and your group will visit one of Tilburg's student associations: T.S.R. Vidar, T.S.C. St. Olof, or T.S.V. Plato. This program component is called Eat & Greet. At the association, you will get a tour of the premises and have dinner there. You also have the possibility to become a member of the association if you are interested. Check your personal program in the TOP Week App to see which association you'll visit each day.

For (pre-)Master's students, there is a special (pre-)Master's Dinner on Tuesday. Moreover, on Thursday, everyone will receive dinner during the TOP Festival, so there will be no dinner at the student associations.

Please note: Make sure to go to the association you are assigned to together with your group. If you go to the wrong association, you won't be able to pick up dinner.

| Day | Supper |
|-----------|---|
| Monday | Spoorzone |
| Tuesday | For Bachelor's Groups: Student Associations For Master's Groups: Willem Il Stadium |
| Wednesday | Student Associations |
| Thursday | Spoorzone @Festival |
| Friday | Student Associations |

Become a TOP Week Mentor!

Do you want to give students the best start of their student life?

Become TOP (Winter) Mentor!





Follow our social media for more information!



@topweek013



TOP Week



TOP@uvt.nl

Bicycle parking

During TOP Week, having a bicycle is essential for getting from one activity to the other. Places where you can park your bike during TOP Week are listed below.



| Activity | Bicycle parking |
|--|--|
| Registration | On the grass opposite of the Tilburg University Sports Center |
| Spoorzone Dinner, TOP Tune In, TOP Festival & Step into Tilburg | NS Bicycle Storage (open 05:35 - 01:00 each day) Address: Willem II-passage 15 |
| Master's Dinner & Outdoor Cinema | Willem II Stadion |
| Explore 013 Fair | Tilburg University Campus |
| TOP Fit & Lasergaming Activity | Tilburg University Sports Center |
| TOP Cantus | Ireen Wüst Ice Rink |
| The Cooldown | Stappegoor swimming pool |

For all other activities, you can park your bike at the bicycle parking at or near the location of the activity. Please note that you are not to lock your bicycle to fences!

Outside of the above-mentioned places, you can only park your bike in the bicycle stands and in the free bicycle parking stations. Additional bicycle parking is available at the following locations.

- Heuvel: Heuvel 35
- Katterug (City Hall): Stadhuisplein 115
- Pieter Vreedeplein: IJzerstraat 20
- Concertzaal: Louis Bouwmeesterplein 1
- NS Bicycle Storage: Willem II-passage 15 (Free every first 24 hours)
- Spoorzone/Wagenmakerij/Koepelhal: NS-plein 65

NS Bicycle Storage

To park your bike at NS Bicycle Storage, you need to check in with your OV chipcard, so make sure you bring one with you during TOP Week. If you do not have an OV chipcard yet, you can get one via this website. For those who forget their OV chipcard or don't want one, loan cards are available. You can ask for one in the NS Bicycle Storage. If you don't park your bike for more than 24 hours, the NS Bicycle Storage is free.





About Baker Tilly

An enterprising, direct, connecting organization with quality as the most important foundation: that is Baker Tilly. We are one of the top ten accountancy and tax consultancy firms in the Netherlands and have 13 offices spread across the country. Our activities are diverse: we audit annual accounts and provide VAT advice, but we also assist our customers with the purchase of a company and we write complete business strategies. We do this for SMEs and large corporations to non-profit institutions and organizations in the public sector. We are result-oriented. Set clear goals. Strive for progress in everything and take customers to the most effective and sustainable solution. Tilburg is our 13th and newest office, opened in February, making Baker Tilly even more relevant for students in Tilburg.

TOP Week in Tilburg

During TOP Week in Tilburg, Baker Tilly will be present with a booth and will also attend the (pre-) master dinner. It's a great opportunity to get to know our colleagues, ask your questions, or just stop by for a chat. Feel free to visit us if you want to hear more about what it's like to work at Baker Tilly.

Looking for a working student job or a starter position?

Come work with us! Many colleagues with various backgrounds start at Baker Tilly as part-time working students or in their first job after graduation. As a working student or starter, you will be included in the team from day one and, where possible, you will immediately have customer contact. At Baker Tilly you are also assured of sufficient guidance and you can go to anyone (including partners) with all your questions. You will be assigned a mentor who will help you get the most out of your start.

Let's connect!

Want to know more? Look at our vacancies at www.werkenbijbakertilly.nl. Want to get to know us or just stop by for a (very good!) cup of coffee? Feel free to contact our recruiter Suzanne Peek at s.peek@bakertilly.nl.

House rules

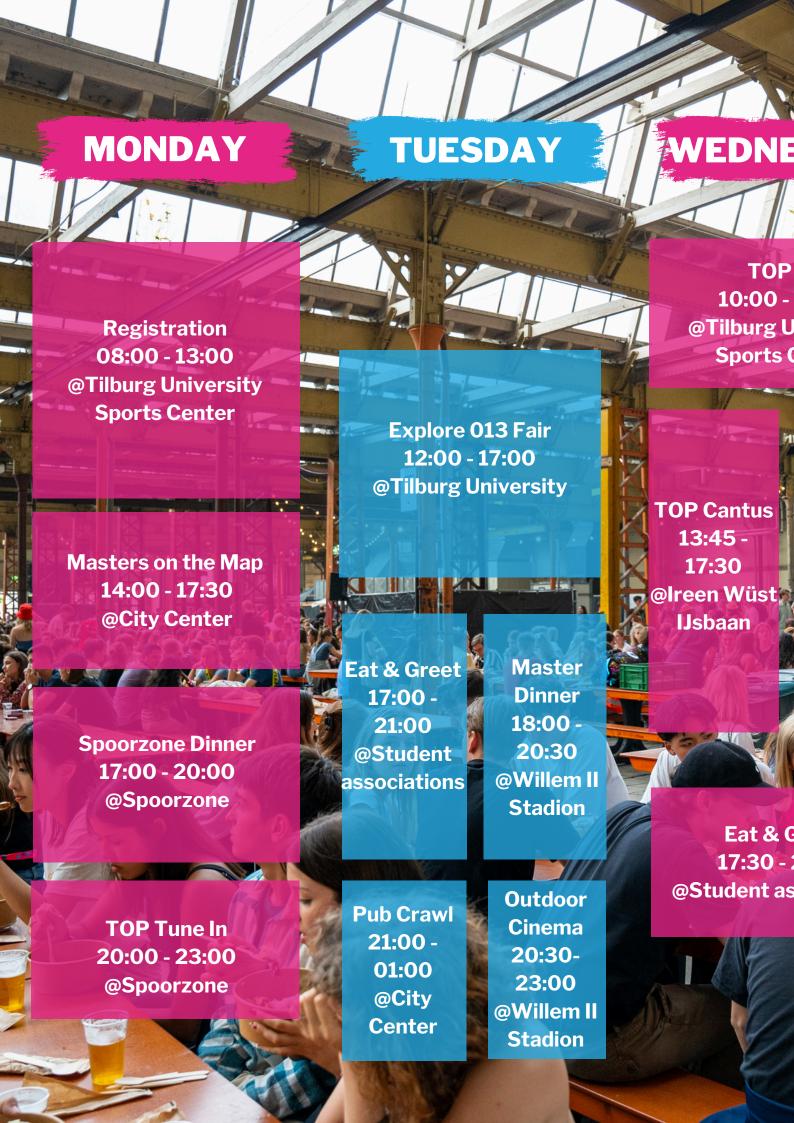
- Follow the instructions given by the TOP organization and security.
- Entry to events will only be given to participants visibly wearing the TOP wristband and age wristband provided by the organization.
- Purchased entry tickets/wristbands will not be refunded by the TOP organization.
- Entering the location of the TOP events is at your own risk.
- You are obliged to carry a valid ID card/passport at all times.
- Smoking is prohibited on the entire Tilburg University campus and the Tilburg University Sports Center grounds.
- TOP has a zero-tolerance alcohol policy: No alcohol < 18 years old.
- TOP has a zero-tolerance drug policy. It is not allowed to use or carry drugs. Entry will be refused if there is a suspicion of any drug use. Your TOP wristband may be taken away if you break any of these rules.
- TOP has a zero-tolerance weapons policy. It is strictly prohibited to use or possess weapons.
- Prohibited items include drugs, alcoholic beverages, food, glassware, fireworks, weapons, and dangerous objects.
- Bringing your own food or drinks to TOP activities is not allowed, except when explicitly stated otherwise.
- You are not allowed to enter locations for which you are not authorized.
- You may be searched prior to and during events. Those who do not submit to this may be denied entry. When you refuse to be searched and/or have your bag checked, the TOP organization and/or security has the right to deny you access to the event.
- The TOP organization and security have the right to refuse access to TOP events.
- No alcohol will be served to people who misbehave or are unduly intoxicated.

- During TOP Week, photos and video footage will be made. By entering the premises, you give your consent for this.
- If you injure people and/or damage buildings and equipment, you will be liable for any damages. The TOP organization and/or its employees are not liable for any injuries and/or damage.
- Disruptive behavior or unwanted intimacies are prohibited.
- Show respect to other participants, mentors, the TOP organization, local residents, and the environment.
- If you are refused access to one of the TOP events, regardless of the reason, you have no right to a refund of any fees.
- If any of the above rules are broken, the TOP organization will take appropriate action.

TOP Cantus Rules

Many consider the TOP Cantus to be the highlight of every TOP Week. However, there are some strict Cantus rules to adhere to. We expect you to pay attention to them and make sure your group knows these rules as well. In the table below, you can find actions which will result in removal from the premises, as well as actions for which you will get a warning. You will be removed after two warnings.

| Removal | Warning |
|--|--|
| Smoking inside | Unpleasant drunken behavior |
| Fighting | Standing outside the benches |
| Peeing outside of the toilets | Drinking when it's not allowed |
| Throwing up | Leaving the table with the whole group |
| Throwing beers or pitchers | |
| Standing on benches or tables | |
| Singing 'eins, zwei, drei, saufen' and the song that comes after | |
| 2 official warnings from the TOP organization | |





Monday, August 18

Registration

Time: 8:00 - 13:00

Location: Tilburg University Sports Center

TOP Week starts off with the Registration at the Tilburg University Sports Center. Although registration is open all morning, you will receive an e-mail a week before TOP Week with your specific time slot. It's crucial to be on time due to the tight schedule. During registration, you will receive a wristband and a TOP bag with goodies. Wear your wristband all week as it gives you access to all activities. If you have your SPI after the TOP Registration, you can leave your baggage at the baggage depot until 18:00 hrs. Only suitcases and overnight bags are accepted. After registering, head to the 'Find Your Group' field where your TOP Mentors will be waiting. Mentors will be registered before participants to ensure they are ready to meet you.

Please note: If you ordered a 'Studentenbox' when registering for TOP Week, you can pick it up near the 'Find Your Group' field. Your mentors will guide you.

Masters on the Map

Time: 14:00 - 17:30

Location: Tilburg City Center

This year, a brand-new activity, Masters on the Map, takes place on Monday afternoon! The exact details are still being finalized, but expect an adventurous geocaching experience where you'll explore, connect, and navigate your way through a fun and interactive challenge with fellow Master's students. More information coming soon!

Monday, August 18

Spoorzone Dinner

Time: 17:00 – 20:00 Location: Spoorzone

On the first evening of TOP Week, all participants and mentors will dine together at Spoorzone. The TOP Organization will prepare the food outside. Wristbands will be scanned to check for dietary requirements or allergies. Once the food is ready, head over with your group to pick up your meal and enjoy a nice dinner together.

TOP Tune In

Time: 20:00 - 23:00 Location: Spoorzone

After dinner, it is time for the first TOP Party of the week, TOP Tune In: Silent Disco. Get ready for the kick-off party of TOP Week 2025. Enjoy this night full of music and dancing!



Tuesday, August 19

Explore 013 Fair

Time: 12:00 - 17:00

Location: Tilburg University Campus

On Tuesday afternoon, it's time to dive into Tilburg's vibrant student life at the Explore O13 Fair! Discover all kinds of student associations and companies in a fun and interactive way. Think info stands, obstacle courses, and giant inflatable games. All this while enjoying good music and the laid-back atmosphere, and if you get hungry, food trucks will be there with tasty lunch options, for your own expense.

Eat & Greet

Time: 17:00 - 21:00

Location: Student associations

During the Eat & Greet, all students get the opportunity to visit one of Tilburg's major student associations. You'll receive a guided tour of the association's venue and enjoy a delicious dinner on-site. Each group will be matched with a specific association, so make sure to check your personal schedule for the details.

Please note: On Tuesday, Master's students will not take part in the Eat & Greet. Instead, they are invited to a special Master's Dinner. For more information, see the activity listed below.

Tuesday, August 19

Master's Dinner

Time: 18:00 - 20:30

Location: Willem II Stadium

On Tuesday evening, all Master's students are invited to a special Master's Dinner at the unique location of Willem II Stadium. It's the perfect opportunity to connect with fellow Master's students in a relaxed and informal setting, while enjoying a nice meal together. More information about this activity will be shared soon, so stay tuned!

Pub Crawl

Time: 21:00 - 1:00

Location: Tilburg City Center

Get ready to experience Tilburg's nightlife during the legendary Pub Crawl! The city's best pubs will open their doors to welcome you and your group for a night full of good vibes and new memories.

You'll hop from bar to bar, spending about 30 minutes at each spot, and enjoy a free drink at every stop. Want more than one drink? Remember to bring your bank card. Cheers to a great night out!

Outdoor Cinema

Time: 20:30 - 23:00

Location: Willem II Stadium

Gather your friends and settle in for a magical movie night under the stars! Join us at the open-air cinema inside the iconic Willem II Stadium, where you can kick back, relax, and enjoy a film in a truly unique setting. Think comfy vibes, popcorn, drinks, and a cozy summer evening you won't forget.

Wednesday, August 20

TOP Fit

Time: 10:00 - 13:00

Location: Tilburg University Sports Center

Kickstart your Wednesday with a morning full of sports at the Tilburg University Sports Center! Participate in various sports classes organized by several student sports associations. Explore different sports, interact with members of the associations, and get all your questions answered. If you need a break between classes or want to wait for friends, relax in the special Chill Area.

Please note: Participants must register for this activity individually through the TOP Week App.

TOP Cantus

Time: 13:45 - 17:30

Location: Ireen Wüst Ice Rink

Get ready for one of the most unforgettable moments of TOP Week: the legendary TOP Cantus! Join all participants as you sing along with the lively Cantus band, raise your drinks, and soak up an amazing atmosphere that truly makes this event the highlight of the week.

During the Cantus, your TOP mentors will take care of collecting drinks for the whole group. To make things easy, use the TOP Week App to transfer money between wristbands so you and your group can quickly reimburse your mentors. Let's make some memories together!

Please note: The minimum age for participating in the TOP Cantus is 18 years. If you're under 18, check out the alternative parallel activity, see below.

Wednesday, August 20

Lasergaming (Alternative Activity)

Time: 14:00 - 16:00

Location: Tilburg University Sports Center

Brace yourself for an action-packed adventure. Lasergaming is coming to TOP Week! Gather your team, gear up, and dive into an epic outdoor battle where strategy, teamwork, and quick reflexes are the keys to victory. This is your chance to show what you're made of. No experience needed, just bring your energy and competitive spirit.

Please note: Participants must register for this activity individually through the TOP Week App. This activity is the alternative to the Cantus for participants under 18, who are not permitted to attend the Cantus.

Eat & Greet

Time: 17:30 - 23:00

Location: Student associations

During the Eat & Greet, all students get the opportunity to visit one of Tilburg's major student associations. You'll receive a guided tour of the association's venue and enjoy a delicious dinner on-site. Each group will be matched with a specific association, so make sure to check your personal schedule for the details.

Thursday, August 21

Workshop Visual Thinking Strategies

Time: 10:00 – 12:15 Location: LocHal

Join this interactive workshop to explore how people see the world in different ways, and why that matters. Using Visual Thinking Strategies (VTS), we'll explore different situations together, exchange interpretations and learn how to listen without assuming. It's a fun, eye-opening way to build empathy, whether you're working in a group or navigating more personal situations where consent and understanding are key. No experience needed. Just curiosity!

TOP Festival

Time: 14:00 – 22:00 Location: Spoorzone

Thursday afternoon, head over with your TOP group to the buzzing Spoorzone in Tilburg for the ultimate TOP Festival! Enjoy live music, chill at various bars, and grab tasty bites from the food trucks. Don't miss the second stage where the party keeps going. Dance, sing, and soak up the festival vibes all afternoon long!

Thursday, August 21

Afterparty

Time: 22:00 – Onwards

Location: Study, Student and Sports associations

Not done partying after the festival? Then keep the night going and head over to one of these awesome open parties! On Thursday night, student, study, and sports associations throw open their doors with open parties at all kinds of cool spots around the city. It's the perfect chance to meet tons of new people, explore different associations, and find the vibe that suits you best. Whether you want to hop from party to party or just chill at your favorite spot, the night is yours to make unforgettable memories and maybe even discover your new home away from home!



Friday, August 22

Step into Tilburg

Time: 11:00 - 13:00

Location: Tilburg City Center

Kick off your day with a refreshing and relaxed walk through the heart of Tilburg! Discover the city's coolest spots and hidden gems at your own pace. It's the perfect chill way to get to know your new hometown and who knows, you might find your new favorite hangout!

The Cooldown

Time: 11:30 - 15:00

Location: Stappegoor swimming pool

After an exciting week, it's time to relax and recharge! Join us for The Cooldown. A refreshing swim afternoon at Stappegoor swimming pool. Whether you want to chill in the water, float around, or just unwind with friends, this is the perfect way to cool off and end the week on a relaxing note.



Friday, August 22

Eat & Greet

Time: 17:00 - 21:00

Location: Student associations

During the Eat & Greet, all students get the opportunity to visit one of Tilburg's major student associations. You'll receive a guided tour of the association's venue and enjoy a delicious dinner on-site. Each group will be matched with a specific association, so make sure to check your personal schedule for the details.

Open Parties

Time: 21:00 – Onwards Location: City Center

On the last evening of TOP Week, Tilburg comes alive like never before! All the pubs in town throw open their doors, and student associations host epic parties everywhere. It's your chance to celebrate the week with friends old and new, dance the night away, and make memories that'll last long after TOP Week ends. Get ready for one final unforgettable night of fun and festivities!

Different options within the program

At certain times during the program, you can choose which activity you want to attend. There will be two program activities scheduled (partially) at the same time so you can decide which one to go to. Sometimes you can combine them by first attending one activity and then joining the other later. This way, you can tailor TOP Week to your preferences! You can visit the activity with your group or with part of your group. Below are the activities with different options during TOP Week.

Tuesday, August 19

 On Tuesday evening, you can choose to participate in the Pub Crawl (21:00-01:00), where you'll get to know Tilburg's nightlife, or you can go to the Outdoor Cinema in the Willem II stadium (20:30-23:00).





Wednesday, August 20

- On Wednesday morning, you can add the Sport Classes to your program. You can participate in more than 10 different sports, organized by the Sports Center and student sports associations. To join, you'll need to register through the TOP Week App. Registration will open once the TOP App goes live, which will be in the week leading up to TOP Week. The sports cafeteria will also be open for drinks, and there will be a Chill Area where you can relax and recover after your workout! Indicate here which sports classes you're interested in.
- On Wednesday afternoon, the TOP Cantus will take place. For all participants under 18 and those who do not want to attend the Cantus, an alternative activity will be organized. You can choose between three different activities, so there's something for everyone. Registration opens on August 18, the Monday of TOP Week.

salm An

TOP Goes Green

The TOP Foundation aims to be as sustainable as possible during the introduction week and its preparations. Here's how TOP contributes to a healthy environment.

- We reduce the number of printed pages by not printing the Program, Mentor, and Cantus booklets or including other printed booklets in the goodie bags.
- We encourage students to bike to every event.
- The TOP Goodie bags are printed without a date, allowing surplus bags to be used for future editions.
- We use a cashless payment system, eliminating the need for tokens.
- There is a recycling system in place for all plastic cups at events to reduce waste.

How you can be more sustainable as a participant

- Bring a reusable water bottle to fill at water points throughout Tilburg.
- Pick up your own garbage and use the bins provided.
- Use your bike to go to every event during TOP Week.



Locations and addresses

Tilburg University Sports Center

Academielaan 5, 5037 ET Tilburg
Location for: Registration, TOP Fit & Alternative Activity

Spoorzone

Location for: Spoorzone Dinner, Tune In & TOP Festival

Tilburg University

Warandelaan 2, 5037 AB Tilburg Location for: Explore 013 Fair

Ireen Wüst Ice Rink

Curlingstraat 15, 5022 DZ Tilburg Location for: TOP Cantus

Willem II Stadium

Goirleseweg 34, 5026 PC Tilburg
Location for: Master's Dinner & Outdoor Cinema

Stappegoor swimming pool

Stappegoorweg 1, 5022 DA Tilburg Location for: The Cooldown

Hostel Roots

Stationsstraat 41, 5038 EC Tilburg
Location for: International Meeting Point

T.S.R. Vidar

Beekse Bergen 5, 5081 NJ Hilvarenbeek Location for: Eat & Greet

T.S.C. St. Olof

Spoorlaan 330-332, Tilburg Location for: Eat & Greet

T.S.V. Plato

Schouwburgring 200, 5038 TM Tilburg Location for: Eat & Greet



Important contact details

During TOP Week: TOP Headquarters (TOP HQ)

Spoorzone: Locomotiefboulevard (Parking Spoorzone P2)

Burgemeester Brokxlaan 8-84

5041 AA Tilburg

+31 6 42 09 21 70 (24 hours a day)

Opening Hours:

Monday: 15:00 - 23:00

Tuesday: 08:00 - 21:00

Wednesday: 08:00 - 14:00

Thursday: 08:00 - 14:00

Friday: 08:00 - 12:00

General address: Tilburg Orientation Program

Tilburg University, Esplanade building (E2.202)

5000 LE Tilburg

The Netherlands

+31134662849

+31 6 42 09 21 70

top@tilburguniversity.edu

www.top-week.nl

Emergency contacts

Emergency police, ambulance, and fire brigade 112

Emergency at Tilburg University +31 13 466 25 25

Non-emergency local police +31 900 88 44

Non-emergency First Aid +31 900 332 22 22

Sexual Assault Center (anonymous and free of 0800-0188

charge)

Please note: you can always contact a confidential advisor at the university here.

TOP Organization

TOP Week would not have been possible without many dedicated people. The TOP organization, which consists of seven board members and eleven committee members, has worked hard these past few months to make TOP Week a great success and we would like to express our gratitude to the hundreds of TOP Mentors and to the TOP Crew who have all contributed to TOP Week 2025!

TOP Week is organized by students like you. Would you like to take part in the organization as a board member, a committee member, a TOP Mentor, or a TOP Crew member? Check out www.top-week.nl, come to the TOP room at E.2.202 (Esplanade Building) or send an e-mail to top@uvt.nl.



Word TOP Commissie!

Wil jij het grootste studentenevenement in Tilburg organiseren?
Word TOP Commissie!





Volg onze social media voor meer informatie!









WOENSDAG 27 AUGUSTUS 2025 VAN 16:00 UUR TOT 22:00 UUR

INTROFESTIVAL VOOR ALLE STUDENTEN MBO | HBO | WO

TURFY GANG LOTJE I H4ZEL WINNAAR DJ-CONTEST

Scan QR-code voor tickets



HOSTED BY JOËL DOMINGOS