

MENTOR BOOKLET TOP WEEK 2022



Dear TOP Mentor,

We are very pleased that you will be guiding new students during TOP Week 2022. We have created this booklet to prepare you in the best way possible. It contains all the information you need about TOP Week 2022: tips, guidelines, and a detailed explanation of our program. Please read this booklet carefully so you are familiar with the full program and know what is expected of you as a TOP Mentor.

Follow us on Instagram and download the TOP Week App in the App Store/Google Play Store to see the latest information about TOP Week. The TOP Week App will be the main source of communication during TOP Week. Via this app you can see the program, put money on your wristband to pay for drinks, and much more.

We hope you will enjoy TOP Week! If you have any questions, please don't hesitate to contact us. You can send us a WhatsApp message at [+31 6 42 09 21 70](https://wa.me/31642092170) or an email at topmentoren@uvt.nl.

Kind regards,

TOP Board 2022



Table of content

- 5 Important information
- 11 House and cantus rules
- 13 TOP Week App
- 14 Payment system
- 15 Study Program Introduction
- 17 Guidelines and tips
- 19 TOP goes green
- 22 Program explained
- 30 Overview Open Parties
- 32 Locations and addresses
- 33 Important contact details

Important information

Information Point and First Aid

During TOP Week, there will be an Information Point (IP) at all activities. At the IP, a member of the TOP organization will always be available to answer any questions you may have. First aid stations will also be available at all activities.

TOP Headquarters

TOP Headquarters (HQ) is the central meeting point for the TOP organization during TOP Week. If you have any questions during TOP Week, you can go to HQ. If participants are arriving late, they can pick up their TOP wristbands and TOP bag here. The last moment for them to pick up their wristband is Wednesday before the TOP Cantus.

The location of HQ is the Koepelhal (Sporzone). In the event of an emergency, you can contact HQ 24 hours a day via the following number +31 6 42 09 21 70. For opening hours and the exact address, see page 32.

TOP wristbands

During the Registration on Monday, August 22, you will receive two TOP Week wristbands. One wristband gives you access to all TOP Week activities. This wristband is the color of your group and serves as your ticket to all TOP activities throughout the week. The second wristband shows whether you are over or under the age of 18. The chip on this wristband also serves as your e-wallet throughout TOP Week. Please wear these wristbands throughout the whole week!



If one of your wristbands breaks in the course of the week, you can get a new one at HQ. You will only be given a new wristband if you have your old (broken) wristband and a valid ID card or passport with you. If you lose your wristband, you will need to buy a new one. A new wristband without a chip costs € 25, a new one with a chip costs € 40. It is not possible to buy a new wristband if the original one was taken away by the board of the TOP Foundation.

Please note: The registration of exchange students and mentors will take place during the Registration Days on August 18 and 19.

Alcohol policy

TOP offers a fun and diverse program which is also a lot of fun without alcohol. However, we will have to comply with the following legal rules under Dutch law.

- It is forbidden to sell or serve alcohol to people younger than 18.
- People under the age of 18 are punishable if they possess and/or drink alcohol in public places, for example, streets, pubs, train stations, or parks.
- The law does not differentiate between beverages with different percentages of alcohol.

Measures taken by TOP.

- Participants receive a wristband according to their age: black wristbands for participants under the age of 18 and white wristbands for participants of 18 years and over. Without an age wristband, you will not be served at bars, so don't take off your age wristband before TOP Week 2022 has ended!
- There will be a standard check on age wristbands at the entrance of TOP activities, bars, and student associations. The TOP organization, security and/or bar personnel are allowed to ask you for identification to verify your age.
- The organization and security and bar personnel will supervise the entire TOP Week and frequently check participants' age wristbands. We ask all mentors to be responsible and support TOP; together we can make sure that all participants have a great TOP Week.

- If you give alcohol to an under-aged participant at one of the TOP activities, your wristband will be taken away and you will be banned from becoming a mentor.
- If a participant under the age of 18 years is caught drinking alcohol at one of the TOP Week activities, they risk losing their TOP wristband and being banned from all TOP Week activities. Make sure the students in your group are aware of the consequences.
- It is your job as a mentor to keep an eye on your under-age group members and make them feel just as enthusiastic about TOP Week as group members who are allowed to drink alcohol.

Drugs policy

According to the Dutch Opium Act, it is legal to use and carry a certain amount of soft drugs. However, TOP does not tolerate the use of any drugs during TOP Week. It is forbidden to join TOP activities under the influence of drugs, have drugs with you, or sell them during these activities. Entry will be refused if there is a suspicion of any drug use. There will also be the risk of losing your TOP wristband if you break any of these rules. Security will be

Smoking policy at Tilburg University

Please note that the Tilburg University Campus as well as the Tilburg University Sports Center have a non-smoking policy. This means that smoking is not allowed anywhere on campus or around the Sports Center. E-cigarettes are not allowed either.

WhatsApp group

As soon as you know which students are in your group, please make sure to create a WhatsApp group and invite them all. A week before the start of TOP Week, you will receive a list with phone numbers from all the students in your group. Through this group chat, you can make clear agreements with everyone about accommodation and all students will know how to reach their mentor(s) and each other.

There are also a few activities that require registering via the TOP Week App. This applies to the Sports Classes and Get Lost in the Maze at Doloris. Once you create the group chat you can consult with your group which time slots or activities you want to join.

Please note: Tilburg is struggling with the accommodation of international students. This means that, if you guide an international group, probably more people will still need accommodation. Please make sure you arrange a place to sleep for all the people in your group before the start of TOP Week.

Lunch and dinner

Lunch and dinner can be picked up by the mentors only. You or your co-mentor need to scan your wristband at one of the points of distribution and then you will receive the food for everyone in your group. There are a few activities where participants can pick up their own food. This applies to the (Pre-)Master's Dinner on Tuesday and the Recharge Lunch.

	Lunch	Dinner
Monday	-	Spoorzone Dinner
Tuesday	Explore 013 Fair at Tilburg University (12:30-13:30)	Student associations & Gourmet Market
Wednesday	Recharge Lunch at Spoorpark (11:00-13:00)	Student associations
Thursday	-	Student associations & Willem II
Friday	TOP Beach Bar at Arbie's Beachhouse (13:00-14:30)	Student associations

Bicycle parking

During TOP Week, you need a bicycle to travel between the several activities. Make sure everybody in your group has a bike. Places where you can park your bike during TOP Week are listed below.

Activity	Bicycle parking
Registration	In front of Avans Hogeschool
Spoorzone Dinner, TOP Music Bingo, (Pre-)Master's Dinner on Tuesday, Recharge Lunch, TOP Cantus, and The Big Bang	NS Bicycle Storage (open 05:35 - 01:00 each day) Address: Willem II-passage 15
Explore 013 Fair	Tilburg University Campus

For all other activities, you can park your bike at the bicycle parkings at the location or near the location of the activity.

Please note: To park your bike at NS Bicycle Storage, you need to check in with your OV-chipcard so make sure you and your group bring that with you during TOP Week. If you do not have an OV-chipcard, loan cards are available. If you don't park your bike for more than 24 hours consecutively the NS Bicycle Storage is free.

In case of heavy rainfall

If there is a substantial chance of heavy rainfall during an event, you will be kept up to date via the TOP Week App. For some events, we have an alternative location in case of bad weather, so make sure you download the TOP Week app on your smartphone!

WiFi

During TOP Week, you can get internet access when you are on the Tilburg University Campus and Tilburg University Sports Center.

Registration Days (August 18 & 19)

Dutch students:

Text 'RDTilburg_238' to 7873

International students:

Text 'RDTilburg_238' to +31 6 35 25 00 06

TOP Week (August 22 through August 26)

Dutch students:

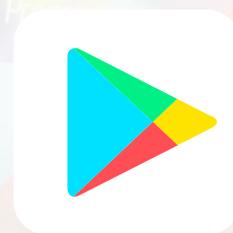
Text 'TOPweek2022' to 7873

International students:

Text 'TOPweek2022' to +31 6 35 25 00 06

Social media

Any information additional to this booklet will be available during TOP Week in the TOP Week App or on our Instagram page. All photos taken during TOP Week will be posted on our Facebook page afterwards. Click on the icons below to go to our socials and download the TOP Week App



House and cantus rules

House rules

1. Obey the instructions given by the TOP organization and security.
2. Entry to events will only be given to participants visibly wearing the TOP wristband and age wristband provided by the organization.
3. The organization/security has the right to refuse access to TOP events.
4. If you are refused access to one of the TOP events, regardless of the reason, you have no right to a refund of any fees.
5. You may be searched prior to and during events. Those who do not submit to this may be denied entry. When you refuse to be searched and/or have your bag checked, the TOP organization and/or security will deny you access to the event.
6. Entering the location of the TOP events is at your own risk.
7. If you injure people and/or damage buildings and equipment, you will be liable to any damages. The organization and/or its employees cannot be held accountable for any injuries and/or damage.
8. You are obliged to carry a valid ID card/passport at all times.
9. TOP has a zero-tolerance alcohol policy: No alcohol < 18 years old
10. TOP has a zero-tolerance drug policy. It is not allowed to use or carry drugs. Entry will be refused if there is a suspicion of any drug use. Your TOP wristband may be taken away if you break any of these rules.
11. Smoking inside is not permitted. This is only allowed in the open air and outside the Tilburg University campus. Visitors who do not comply will be addressed by the TOP Organization and risk being removed from the event.
12. You are not allowed to enter locations for which you are not authorized.
13. No alcohol will be served to people who misbehave or are unduly intoxicated.

14. It is prohibited to bring the following to event sites: drugs, (alcoholic) beverages, food, deodorant, perfume, glassware, cans, fireworks, plastic bottles, fire arms and other weapons or dangerous objects. Anyone carrying legally prohibited items such as fireworks or weapons will be handed over to the police.
15. During the introduction week, footage of the events is made. Show respect to other participants, the organization, the environment, and local residents.
16. In case of not complying to the rules above, the organization is forced to take measures.

TOP Cantus rules

Removal	Warning
Smoking inside	Unpleasant drunk behavior
Fighting	Standing outside the benches
Peeing	Drinking when the band is playing
Throwing up	Leaving the table with the whole group
Throwing beers or pitchers	
Standing on benches or tables	
Singing 'eins, zwei, drei, saufen' and the song that comes after	
2 official warnings from the TOP organization	

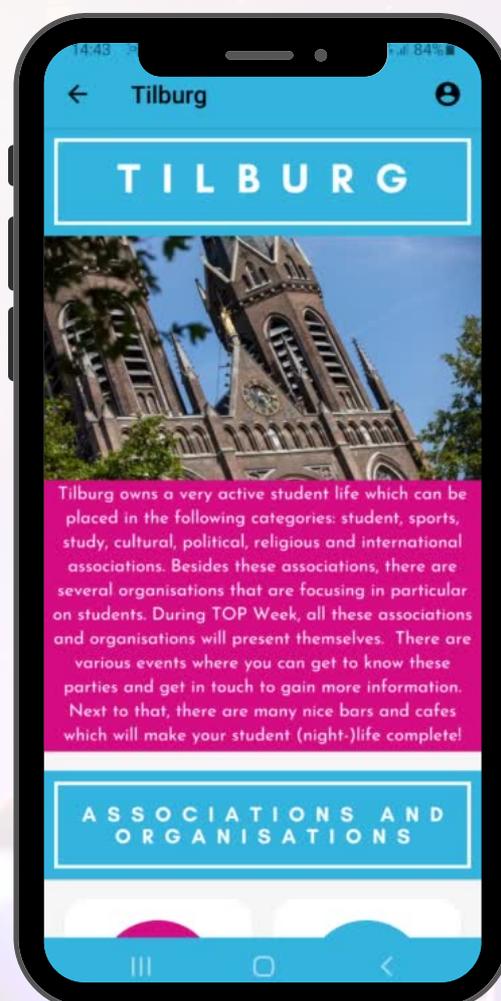
TOP Week App

A special TOP Week App is available for your smartphone and desktop. This app contains all necessary TOP Week information, such as the program, the locations, and push notifications if there are any changes in the activities. Please make sure you and your group download the TOP Week App. You need to log in once to see your personal program.

You will receive an email to activate your account in the week before TOP Week. You and your group members are advised to activate your account right away, since there are a few activities that require registering via the TOP Week App. If you haven't activated your account before the Registration on Monday, your wristband cannot be connected to your account.

Study Program Introduction App

Your group members also have their Study Program Introduction (SPI) during TOP Week (see page 15). The program for the SPI can also be seen in the TOP Week app. Before August 22, all new students will receive an email from their School to create an account to access the program of their SPI. Once they have logged in with both accounts, so for TOP Week and the SPI, they are able to switch between the TOP Week and the SPI programs, without having to log in again. This can be done on the homepage and eventpage of the TOP Week App.



Payment system

During TOP Week 2022, you can pay for beverages by using your chipped wristband. This system is cashless but you can still pay cash. We do not use tokens anymore. A week before the start of TOP Week 2022, you will receive an email to create a Tactile account for the TOP Week app. Once you create your account, you will be able to log into the TOP Week App and top up your balance.

The purposes of the chipped wristband

Making a payment

When you, for example, order a drink, you will have to tap your wristband to the payment terminal at the bar. The bartender will place the order on your account and the money will be credited to your account. There are a few activities where it isn't possible to pay for drinks with your wristband so make sure you and your group always have your bankcard and/or some cash with you.

Activities where your chipped wristband is not accepted: Meet the Big Four, (Pre-)Master's Dinner, Pub Crawl, Disco Jeu de Boules, Get Lost In The Maze, Who's Got Game, and Outdoor Cinema.

Picking up lunch and dinner for yourself and your group

With your wristband, you will be able to pick up your lunch on Tuesday, Wednesday and Friday, and dinner every evening. If you scan your wristband, we can see the dietary requirements and allergies of everyone in your group so we know what to give to you

Checking in at events

To improve the TOP program each year, we are interested in the number of participants showing up at our events. Therefore, we kindly ask you to check in using your wristband at the following events: Spoorzone Dinner, (Pre-)Master's Dinner on Tuesday and Thursday, Meet the Big Four, Disco Jeu de Boules, Recharge Lunch, TOP Cantus, Outdoor Cinema, and TOP Beach Bar.

How do I top up my balance?

1. Download the TOP Week application
2. Log in to your account with the login credentials you received via email
3. Go to 'Tokens'
4. Top up your balance with the following payment methods: iDEAL, Credit Card, or PayPal

Physical cash desks

In case you have any questions or difficulties with topping up your balance in the app, there are still some physical cash desks during TOP Week at some activities, namely: Spoorzone Dinner, TOP Music Bingo, Explore 013 Fair, Recharge Lunch, TOP Cantus, TOP Festival, (Pre-)Master's Dinner on Thursday, Outdoor Cinema, TOP Beach Bar, and The Big Bang.

Refunds

After TOP Week 2022, the money that is left in your account will be automatically refunded to your bank account. So, make sure that you don't have an empty balance and top up your balance in time. It is not possible to get your money refunded during TOP Week.

Study Program Introduction

It is possible that the students in your group have a mandatory Study Program Introduction (SPI). During the SPI, students will receive information on studying and the details of their program's curriculum. The SPI is organized by the various Schools of Tilburg University and is separate from TOP Week. Some Study Program Introductions on Monday, August 22 are prior to the TOP Registration, and some are after the TOP Registration.

The students in your group will receive more information on their SPI from the School They are going to study at.

Please note: The SPI is not part of TOP Week, for questions we refer you to [this website](#).

School	Day(s)
TiSEM bachelor	Monday, August 22 Tuesday, August 23
TiSEM (Pre-)Master	
TLS Bachelor and Master	Monday, August 22
TLS Pre-Master	Tuesday, August 23
TSB Bachelor	Monday, August 22 Tuesday, August 23
TSB (Pre-)Master	Monday, August 22, Tuesday, August 23, or Friday, August 26
Exchange	Monday, August 22 Tuesday, August 23
TSHD Bachelor	Monday, August 22 Tuesday, August 23
TSHD (Pre-)Master	Monday, August 22 Tuesday, August 23
TST Bachelor	Monday, August 22 Tuesday, August 23
TST (Pre-)Master	Monday, August 22 Tuesday, August 23

Guidelines and tips

Make all new students feel welcome in Tilburg and at Tilburg University, international as well as Dutch students, and introverted as well as extraverted students. If you adopt a friendly and inviting attitude and take the different personalities and cultures in your group into account, you can make everyone feel included. As a mentor, it is your job to guide and help the new students adjust to the way of living in Tilburg. Remember that not every person likes to party or drink a lot. Respect every lifestyle and make sure everyone feels at home in Tilburg.



Follow the program of TOP Week and be on time. Do not forget that participants paid for TOP Week. TOP organizes this week for these new students, and it is your job as a mentor to make sure they can join every TOP activity.



Make sure you know the program and inform your group members. Tell your group members what is on the program, what (not) to bring, and what to expect. For example: the TOP Week Cantus is completely new for these students. Make sure you explain the concept and tell them not to wear their best clothes.



Please be open-minded and show new students as much as possible. Make sure that you do not only show the new students what you like but be open-minded and show the students as much of student life and Tilburg as possible. Please make sure you listen to the needs of ALL students in your group.

Make clear agreements with your co-mentor and take responsibility. As a mentor, you are responsible for your group of kids that week, so make sure you take that responsibility seriously. Make clear agreements with your co-mentor about how you will act in certain (problematic) situations. For example: what do you do if someone has drunk too much?

Be enthusiastic and well-prepared and stay positive! You and your co-mentor set the mood. Make sure you have a good icebreaker at the start of the week for the students to get to know each other. In this way, you will create a good team spirit and a more connected group.

Reach out to your group by sharing your background and experiences. Encourage an active dialogue by asking open-ended questions and try to answer their questions.



TOP goes green

Stichting TOP aims to be as sustainable as possible during the introduction week and during the preparations of TOP Week. TOP tries to create awareness within the organization on how to be considerate of the environment and to be as sustainable as possible. TOP is contributing to a healthy environment in the following ways:

- As compared to previous years TOP has reduced printed pages. We achieved this by not printing the program booklet and getting rid of other printed booklets in the TOP goodie bag;
- All leftover food goes to the food bank: Pater Poels
- We stimulate students to ride their bikes to every event during TOP Week. Together with Swapfiets we give students without a bike the possibility to rent one;
- The TOP goodie bags are printed without a date so we can reuse all bags that are left in the following years
- Whilst registering, the standard food option is vegetarian food, participants and mentors actively have to select it if they want to eat meat.
- We use a cashless payment system, which means we don't use tokens.
- We use a recycle system for all plastic cups at our events. This causes less waste.

What can you as a participant do to be more sustainable?

- Bring your own reusable water bottle which you can fill at several water points throughout TOP Week;
- Download the TOP application where you can find all the information you need, this will replace the printed program booklets;
- Pick up your own garbage and throw it in the bins, try to stimulate your group members to do the same;
- Use your bike to go to every event during TOP Week.

MONDAY

TUESDAY

WEDNESDAY

Registration
07:45 - 16:30
@Sports Center

Explore O13 Fair
12:00 - 17:00
@Tilburg University

Recharge
11:00 -
@Spoo

TOP
Cantus
Shift 1
13:30 -
16:30
@Koepelhal

Spoorzone Dinner
17:30 - 20:00
@Spoorzone

Meet the Big
Four
17:00 -
21:00
@Student
Associations

(Pre-)
Master's
Dinner
18:00 -
21:00
@Gourmet
Market

Meet the
Shift
14:30
@Student A

TOP Music Bingo
20:00 - 23:00
@Koepelhal

Pub Crawl
21:00 -
01:00
@City
Centre

Disco Jeu
de Boules
21:00 -
23:00
@Boules-
bitesbar

TOP
Cantus
Shift 2
19:30 -
22:30
@Koepelhal

WEDNESDAY

THURSDAY

FRIDAY

Free Lunch
13:00
@Sportpark

Sports Classes
11:00 - 13:00
@Sports Center

**Get Lost in
the Maze**
13:30 -
16:30
@Doloris

TOP Festival
13:00 - 18:00
@Muzentuin
& Vrijheidspark

TOP Beach Bar
12:00 - 16:30
@Arbie's Beachhouse

Big Four
1 & 2
17:00 -
21:00
@Student
Associations

Meet the Big
Four
17:00 -
20:30
@Student
Associations

(Pre-)
Master's
Dinner
18:00 -
21:00
@Willem II

Meet the Big Four
17:00 - 20:30
@Student Associations

Who's Got
Game?
19:30 -
22:30
@Hostel
Roots

Open
Parties
22:00
@City
Centre

Outdoor
Cinema
20:30 -
23:00
@Willem II

The Big Bang
21:00 - 01:00
@Koepelhal

Program explained

Parallel and additional activities

At certain times in the program, your TOP group will have the option to choose what activity they want to go to. If the program has two activities at the same time, they can either choose one or opt to combine the two, for instance, by going to the first and joining the second program item a little later. In that way, they are more in control of how they spend their TOP Week. You can choose together with your group which activity you want to visit or if you want to split up into two groups and go to different activities. Please make sure you consult with all of your group members about what they want!

Registering for activities

There are some activities that you and your group can add to the program and need registering. You can register for these activities via the TOP Week App. Below you can find the activities that need registering via the TOP Week App.

Get Lost In The Maze (Wednesday, 13:30 - 16:30)

This activity is for those that don't want to or can't attend the TOP Cantus because they are under the age of 18.

Registrations open on Monday, August 15, 20:00 and close on Wednesday, August 17, 16:00.

Sports Classes (Thursday, 11:00 - 13:00)

You can choose from many different sports.

Registrations open on Monday, August 22, 10:00

International Meeting Point

During TOP Week, Hostel Roots will be open until 21:00 as a meeting point for international students. Hostel Roots has a relaxed atmosphere and is a great place to meet new people, play games, and have a drink. On Wednesday, August 24, Hostel Roots will be open until 22:30 for all participants that don't want to join the cantus.



Meet The Big Four and (Pre-)Master's Dinner

Each afternoon your group will be able to get to know one of the student associations in Tilburg. You and your group will be assigned to go to either T.S.R. Vidar, T.S.C. St. Olof, ESN or T.S.V. Plato each day. At the association, you and your group will get a tour of the premises and eat dinner. Participants also have the possibility to register to become a member of the association if they are interested. You can see which association you will be visiting each day in your personal program in the TOP Week App.

For (Pre-)Master's students, there is an alternative (Pre-)Master's Dinner on Tuesday and Thursday.

Please note: Make sure to go to the association you are assigned to. If you go to the wrong association, you won't be able to pick up dinner for your group.

Monday, August 22

Registration

Time: 08:15 - 16:30

Location: Tilburg University Sports Center

TOP Week starts with the Registration of participants and mentors at the Tilburg University Sports Center. Registration will take place all day, but this doesn't mean that you will be there all day. A week before the start of TOP Week, you will receive an email with the exact time slot in which you need to register. Make sure that you are present at that time since there is a tight schedule. During Registration, you will receive two wristbands and a TOP goody bag. It is important that you wear your wristbands all week since they are your admission ticket for all activities. As a mentor, you will also receive a paper with your group name, color + a number, the dietary requirements and allergies of your group members, and the route for the Pub Crawl. After registering, you leave the Sports Center and go to the 'find your group' field, where you will be waiting for the students in your group. We make sure that all TOP Mentors are registered before the participants, so that you will already be in the field when they arrive.

Please note: Participants can pick up a 'Studentenbox' after Registration. A 'Studentenbox' is a box filled with all kinds of useful products such as noodles, chewing gum, candy, drinks, and flyers. Make sure that you or your co-mentor stay with them while the rest of the group waits for you. The 'Studentenbox' can be picked up near the 'find your group' field.

Spoorzone Dinner

Time: 17:30 - 20:00

Location: Wagenmakerij (@Spoorzone)

On the first evening of TOP Week, all participants and mentors will eat together at Wagenmakerij. The TOP organization will prepare the food outside, and all mentors can queue to pick up the food for the whole group. We will scan your wristbands to see the dietary requirements and allergies of your group members.

TOP Music Bingo

Time: 20:00 - 23:00

Location: Koepelhal (@Sporzone)

After dinner it is time for the TOP Music Bingo. Last year this activity was added to the program and since it was such a party, we kept it in this year's program! When you and your group enter the Koepelhal, you will receive a pen and a bingo card with all kinds of songs on it. This year the bingo will be a standing bingo so you can dance to the songs played. We will start with the official opening of TOP Week 2022 and the TOP dance and after that the bingo can begin. The bingo starts at 20:30 so make sure you and your group are in by then! Of course, there will be nice prizes for the winners.



Tuesday, August 23

Explore 013 Fair

Time: 12:00 - 17:00

Location: Tilburg University

On Tuesday afternoon, all participants get the opportunity to get to know all sorts of associations and companies in a fun way during the Explore 013 Fair. There will be information stands, but also a lot of games to play like obstacle courses, inflatable games, and water games. During the Explore 013 Fair, you and your co-mentor will be able to pick up the lunch for your group between 12:30 and 14:30. Whilst enjoying some music, you and your group will have all afternoon to explore the various associations, organizations, and companies in Tilburg.



(Pre-)Master's Dinner

Time: 18:00 - 21:00

Location: Gourmet Market, Central Station

For all (Pre-)Master's students, there will be a dinner at the Gourmet Market on Tuesday evening. The Gourmet Market is a food market with all sorts of food stalls that create small dishes. On entry you will receive a card with which you are able to get food at three different stands. So, for this dinner, participants can pick up their own food. During this event it isn't possible to pay for drinks with your TOP wristband, so make sure you bring some cash or your bank card.

Pub Crawl

Time: 21:00 - 01:00

Location: Tilburg City Center

During the Pub Crawl, all pubs in the Tilburg city center will open their doors for the new students so they can get to know the nightlife in Tilburg. You as a mentor will receive the Pub Crawl schedule for your group on Monday during Registration.

You will go to each club for approximately 30 minutes and at each pub you will receive a free drink. You need the schedule that you receive during the Registration to get your free drink, so make sure you don't lose it! It isn't possible to pay for drinks with your TOP wristband in the pubs, so make sure to bring some cash or your bankcard.



Disco Jeu de Boules

Time: 21:00 - 23:00

Location: Boulesbitesbar Tilburg

On Tuesday evening, Boulesbitesbar will open its doors for all new students in Tilburg. Whilst enjoying some music and beverages you and your group can challenge each other or another group for a game of petanque. There will also be free snacks!

Wednesday, August 24

Recharge Lunch

Time: 11:00 - 13:00

Location: Spoorpark

On Wednesday, you and your group can enjoy a nice lunch together in Spoorpark. During this lunch, you will be able to recharge yourself for the rest of the week and prepare yourself for the TOP Cantus! The lunch takes place in Spoorpark, a nice park in the middle of Tilburg.

TOP Cantus

Time: 13:30 - 16:30 & 19:30 - 22:30 (2 shifts)

Location: Koepelhal (@Spoorzone)

Wednesday afternoon it is time for the legendary TOP Cantus, a party where all TOP Week participants sing along with the cantus band while enjoying some drinks. Prepare to be dazzled and taste the wonderful atmosphere during this TOP Week highlight! During the Cantus, the TOP Mentors will have to get drinks for the whole group. You can use the TOP Week App to transfer money from one wristband to another. This way you and your group members can transfer money to you or your co-mentor. The minimum age for the TOP Cantus is 18 years. If someone in your group isn't 18 years old yet or doesn't want to join the TOP Cantus, we ask you to refer them to the parallel activities for a great alternative: Get Lost in the Maze (shift 1) and Who's Got Game (shift 2).

Please note: This year, the TOP Cantus will be in two shifts. You can only enter the shift you are assigned to. A week before the start of TOP Week, you will be able to see which shift you and your group are assigned to. It isn't possible to switch to the other shift.



Get Lost In The Maze

Time: 13:30 - 16:30

Location: Doloris Meta Maze

During the first TOP Cantus shift, there is the possibility to go to Doloris Meta Maze instead of the Cantus. This activity is for all participants that don't feel like joining the TOP Cantus or can't because they are under 18. During this activity, participants can explore Doloris Meta Maze. The Meta Maze is an art experience with over 40 rooms! To join this activity, participants must register individually via the TOP Week App. The registrations for Get Lost in the Maze open on Monday, August 15, 20:00, and close on Wednesday, August 17, 16:00. Make sure to inform the students in your group that they need to register for this activity.

Who's Got Game

Time: 19:30 - 22:30

Location: Hostel Roots

During the second TOP Cantus shift, there is the possibility to go to Hostel Roots to meet students from other groups. Hostel Roots is a hostel with a wide variety of rooms and a lot of nice places to sit and meet new people. During this activity, students are welcome in Hostel Roots' Basement Bar, which is located below street level and functioned as a bank vault over 100 years ago. Nowadays it is a place to have (non-alcoholic) drinks, play darts, and other games. This activity does not require registering and is organized for all participants that don't feel like joining the TOP Cantus, or can't because they are under 18.

Thursday, August 25

Sports Classes

Time: 11:00 - 13:00

Location: Tilburg University Sports Center

Begin Thursday in a sportive fashion with a sports class at the Tilburg University Sports Center! Over 15 student sport associations have prepared a class so new students can get to know their association, try out the sport, and ask all the questions they have. The classes take place all over the TiU Sports Center so each association can show their sport in the best way possible. There is the possibility to play soccer, hockey, handball, but also squash, basketball, and many other sports. Participants must register individually for this activity via the TOP Week App. Registrations open on August 22, 10:00.

TOP Festival

Time: 13:00 - 18:00

Location: Muzentuin & Vrijheidspark

The TOP Festival is the perfect place to spend Thursday afternoon with your TOP group. The festival will be held at two locations. In Muzentuin there will be a big stage, bars, food trucks and even a secret stage so you and your group can dance all day. The theme of the festival is 'Circus'! Does your group prefer a more relaxed and cultural atmosphere? Then go to Vrijheidspark and visit several informative stands, chill out with some music, and much more!

(Pre-)Master's Dinner

Time: 18:00 -21:00

Location: Koning Willem II Stadium

On Thursday evening, all (Pre-)Master's students will have dinner together in one of Tilburg's landmarks: Koning Willem II Stadium. You and your group can enjoy a relaxed meal and there will also be several parties that are relevant for (Pre-)Master's students.



Outdoor Cinema

Time: 20:30 - 23:00

Location: Koning Willem II Stadium

In the evening, the Koning Willem II Stadium is the venue of an enormous outdoor cinema. Do you fancy a night of relaxing with your TOP group, enjoying the night-time air, a drink, and some popcorn to watch a film with hundreds of other viewers? Come to the Outdoor Cinema! This activity is the perfect way to relax with your group and recharge for the final day of TOP Week. The evening will start with a quiz by Pathé in which you can win nice prizes. After that it's time to grab some popcorn and watch *The Lion King*!

Open Parties

Time: 22:00

Location: Tilburg City Center

On Thursday night, various student, study, and sports associations are organizing open parties at different locations. Meet people from a wide variety of associations in Tilburg or just go to a fun party of your choice! This activity is the perfect opportunity for new students to get to know the associations even better and to find out if they want to join one of the associations. You can find an overview of most open parties on page [x](#).

Friday, August 26

TOP Beach Bar

Time: 12:00 - 16:30

Location: Arbie's Beachhouse

On the last day of TOP Week, you and your group can start the day at Arbie's Beachhouse for TOP Week's very own Beach Bar! This activity is the perfect activity to chill out after an intense week, cool off in the water, sunbathe while enjoying some music and cocktails, and recharge for the final TOP Week party in the evening. For those that feel a little more active, there are several games to play! During this activity you and your co-mentor can pick up lunch for the whole group.

The Big Bang

Time: 21:00 - 01:00

Location: Koepelhal (@Spoorzone)

After a week full of fun and getting to know Tilburg and a lot of new people, TOP Week ends with a grandiose final party: The Big Bang. Use your last energy to dance the night away, spend your last tokens, and end the week in the best way possible! The theme of this party is outer space, so prepare for a out of this world party!

Overview Open Parties

Association	Location
T.S.T.V. Lacoste & T.S.H.V. SHOT	Café Brandpunt
Asset	Vrienden van Tilburg
POLIS & T.S.V.V. Merlijn	Café de Boekanier
T.S.V. Plato	T.S.V. Plato
D.S.A. Pattern	Café Van Horen Zeggen
INPUT	Feestcafé de Prins
T.S.C. St. Olof	T.S.C. St. Olof
ESN Tilburg	ESN Tilburg
Magister JFT	Philip
T.S.R. Vidar	T.S.R. Vidar

Locations and addresses

Tilburg University Sports Center

Academielaan 5, 5037 ET Tilburg

Location for: Registration and Sports Classes

Spoorzone (Koepelhal & Wagenmakerij)

NS-Plein 6, 5014 DA Tilburg

Location for: Spoorzone Dinner, TOP Music Bingo, TOP Cantus, and The Big Bang

Tilburg University

Warandelaan 2, 5037 AB Tilburg

Location for: Explore 013 Fair

T.S.R. Vidar

Beekse Bergen 5, 5081 NJ Hilvarenbeek

Location for: Meet the Big Four

T.S.C. St. Olof

Spoorlaan 330-332, Tilburg

Location for: Meet the Big Four

T.S.V. Plato

Schouwburgring 200, 5038 TM Tilburg

Location for: Meet the Big Four

ESN Tilburg

Heuvelring 45, 5038 CJ Tilburg

Location for: Meet the Big Four

Central Station Gourmet Market

Burgemeester Stekelenburgplein 208, 5041 SC Tilburg

Location for: (Pre-)Master's Dinner on Tuesday

Boulesbitesbar Tilburg

Magazijnstraat 5, 5038 BR Tilburg
Location for: Disco Jeu de Boules

Spoorpark

Spoorpark 1, 5038 LS Tilburg
Location for: Recharge Lunch

Doloris Meta Maze

Spoorlaan 21C, 5038 CB Tilburg
Location for: Get Lost in the Maze

Hostel Roots

Stationsstraat 41, 5038 EC Tilburg
Location for: International Meeting Point and Who's Got Game?

Muzentuin and Vrijheidspark

Koningsplein, 5038 TZ Tilburg
Location for: TOP Festival

Important contact details

During TOP Week: TOP Headquarters (TOP HQ)

Spoorzone: Koepelhal
NS Plein 65
5041 DA Tilburg
+31 6 42 09 21 70

Opening Hours:

Monday: 17:15 - 23:00

Tuesday: 08:00 - 21:00

Wednesday: 08:00 - 19:30

Thursday: 08:00 - 21:30

Friday: 08:00 - 21:00

General address: Tilburg Orientation Program

Tilburg University, Esplanade building (E202)

5000 LE Tilburg

The Netherlands

+31 13 466 2849

+31 6 42 09 21 70

top@tilburguniversity.edu

www.top-week.nl

Emergency contacts

Emergency police, ambulance, and fire brigade 112

Emergency at Tilburg University +31 13 466 25 25

Non-emergency local police +31 900 88 44

Non-emergency First Aid +31 900 332 22 22