



PROGRAM BOOKLET TOP WEEK 2021

23 - 27 AUGUST
TOP@UVT.NL

TOP

Tilburg Orientation Program

Dear prospective student,

We are more than pleased that you decided to join TOP Week 2021. You are about to start your student life in the best possible way. Apart from getting to know your School and study association, you will also be visiting the student and sport associations and explore everything a student in Tilburg needs to know throughout the week. But above all, you will meet many new people and build friendships for life! All in all, TOP Week is the best start of your life as a student in Tilburg!

After a year of sitting at home and doing online activities, TOP Week is back to its original form. During TOP Week, all activities will all be in person again and there will be only a couple of restrictions on TOP events. We can only achieve this with your cooperation. To access our events, you have to be vaccinated, have had COVID-19 in the past six months, or you have to get a Rapid test every 24 hours. The TOP organization will never know which one of these three options is applicable for every participant. You can find more information about this in this booklet or on www.testenvoortoegang.org.

This booklet provides you with all the information you will need during TOP Week. We recommend that you keep it with you at all times during TOP Week. Moreover, we also recommend downloading the TOP Week Application (search for 'TOP Week' in the App store or Google Play Store). In this app, you can find all the information of this booklet and much more! We hope that you will have a great week!

On behalf of the TOP board,

Loran van den Dungen
Chairman



TABLE OF CONTENTS

Important information	4
Mentor group of the day	7
Challenges	7
Basic rules	8
TOP Week Application	9
Mentors and group division	10
Program introduction and Registration day	11
Program explanation	12
TOP Challenges	19
Important addresses and contact	20
Map of Tilburg University	24
Packing list	25
Bicycle stations	26
TOP organization	27

IMPORTANT INFORMATION

Information point

During TOP Week, there will be an Information Point (IP) at all activities. A member of the TOP organization will always be available to answer any questions you may have. First aid assistance is also available at the IP.

TOP Headquarters

TOP Headquarters (HQ) is the central meeting point for the TOP organization during TOP Week. If you have any questions during TOP Week, you can go to HQ. If you are arriving late, you can also pick up your TOP wristband and TOP bag here. The location of HQ is the Koepelhal (Sporzone). In the event of an emergency, you can contact HQ 24 hours a day via telephone (+31 6 42 09 21 70). For opening hours and the exact address, see Important Addresses (page 20).

Please give the HQ telephone number to your family, so that they can contact us in the event of an emergency during TOP Week.

TOP wristband

During the registration on Monday morning, August 23*, you will receive a wristband. This wristband gives you access to all TOP Week activities. The wristband shows whether you are over or under the age of 18. The chip on this wristband also serves as your e-wallet throughout TOP Week. Please wear these wristbands throughout TOP Week, from the registration on Monday until Friday evening!

If your wristband breaks in the course of the week, you can get a new one at the IP or HQ. You will only be given a new wristband if you have your old (broken) wristband and a valid ID card or passport with you. If you lose your wristband, you will need to buy a new one. A new wristband with a chip costs € 40. It is not possible to buy a new wristband if the original one was taken away by the board of the TOP Foundation.

* NOTE: If you are an exchange student you are expected to register on Thursday, August 19 or Friday, August 20 at Tilburg University, Academia Building. After registration you will receive your wristband and TOP bag. Without a wristband you cannot participate in TOP Week!

IMPORTANT INFORMATION

ALCOHOL AND DRUGS POLICY

Our alcohol and drugs policy is completely in line with Dutch law. This means that alcohol will not be sold to anyone under the age of 18. Drugs are also strictly prohibited. If you are caught using or carrying drugs, you will be excluded from all of our events and the police will be informed if you are carrying or selling drugs. However, if there are serious medical issues concerning drug abuse, you should always call the Dutch emergency number: 112. You will not get arrested, as using drugs is not prohibited in the Netherlands.

In case of sexual violence, make sure to contact one of the following authorities:

- Police (112 for emergencies / 0900-8844 if it is not an emergency)
- Sexual Assault Center: 0800-0188

All phone numbers are available 24 hours a day.

In case of heavy rainfall

If there is a substantial chance of heavy rainfall during an event, you will be kept up to date via the TOP Week application and social media. For some events, we have an alternative location in case of bad weather, so make sure you download the TOP Week app on your smartphone!

IMPORTANT INFORMATION

WHAT TO BRING

There are some important things you will need to bring every day: a bicycle, cash money and/or your bank card, and your phone so you can use the TOP app or keep in contact with your mentors and your group. Remember the weather might be hot or wet, so please make sure you bring light clothing, bring sunscreen, and a raincoat.

- On Monday: Please bring your e-ticket and your passport or ID card to the Registration.
- On Tuesday: Please wear sports clothes to the Sports Class and bring a towel. You should also bring swimwear and sports clothing to the Explore 013 Fair.
- On Friday: Please bring your swimwear and a towel to Into the Waves.

Lunches and suppers

In the table below, you can find the locations where lunches and suppers will be distributed.

Day	Lunch	Supper
Monday	-	Spoorzone
Tuesday	Explore 013 Fair (between 12:30 - 14:00)	Student Associations or WereD
Wednesday	Spoorpark (between 11:00 - 13:00)	Student associations
Thursday	-	Students associations or WereDi
Friday	Experience Island (between 12:00 - 14:00)	Students associations

OOK OLOF?

WORD LID VAN HET T.S.C. ST. OLOF

OOK
OLOF?



DE VETSTE FEESTEN EN EVENEMENTEN

De feesten bij Olof zijn beroemd in Tilburg en ver daarbuiten! Deze feesten, georganiseerd door de leden zelf, trekken heel studierend Tilburg. Voor deze feesten wordt de sociëteit bijna maandelijks omgetoverd tot heuse discotheek, waar een biertje voor slechts €0.90 van jou is!

ACTIEF IN MEER DAN 30 UITDAGENDE COMMISSIES

Bij Olof zijn er talloze manieren om jezelf te ontplooiën. Door de jaren heen krijg je veel kansen om je horizon te verbreden, organisatorische ervaring op te doen en leer je hoe het is om een leider te zijn. Bovendien telt Olof meer dan 4.500 oud-leden, die je allemaal kunnen helpen aan een stage of baan!



MAAK VOLGENDE ZOMER HET XIXE LUSTRUM MEE

Om de vijf jaar viert Olof haar lustrum. In de zomer van 2022 viert Olof haar 19e lustrum ter ere van de 95e verjaardag. Twee weken lang vieren we feest en zijn er activiteiten zoals een gala, de rijool, de buitendag, een open feest, en nog veel meer waar alle leden van Olof bij zijn!

DE OUDSTE EN ACTIEFSTE VERENIGING VAN TILBURG

Het Tilburgs Studenten Corps St. Olof is de oudste en meest toonaangevende studentenvereniging van Tilburg en telt bijna 600 leden. Olof is tegelijkertijd met Tilburg University opgericht in 1927, en heeft daardoor een scala aan mooie en bijzondere tradities.



GA NAAR WWW.OLOF.NL/WORD-LID

CHIPPED WRISTBAND AND PAYMENT SYSTEM

During TOP Week 2021, we use a payment system where you can pay by using your chipped wristband. This system is cashless, which does not mean you cannot pay by cash anymore, but means we do not use tangible tokens anymore. An account will be created for you before TOP Week 2021. Prior to TOP Week, you received an e-mail with your login credentials for the account. Please check your spam inbox if you cannot find the e-mail. In your account, you can top up your balance, but you can also add information about any allergies or dietary requirements you may have before the start of TOP Week.

We recommend that you activate your account prior to the Registration, so that your account can be linked to your chipped wristband. For the Registration, it is important that you bring your TOP Week e-ticket. During the Registration, your account will be linked to your chipped wristband.

What are the purposes of the chipped wristband?

1. Making a payment

When you, for example, order a drink, you will have to tap your wristband to the payment terminal at the bar. The bartender will place the order on your account and the tokens will be credited from your balance.

Activities where TOP tokens are NOT accepted: Student Associations, Meet the big four, Night at the Museum, and the Cultural Activity.

2. Picking up your lunch and dinner

With your wristband, you will be able to pick up your lunch (on Tuesday, Wednesday, and Friday) and dinner (all days of the week) at the different locations. The mentors can pick up lunch and dinner. If the group is not complete, it is possible to pick up lunch or dinner in shifts. Please note: drinks are not included in lunch and dinner!

CHIPPED WRISTBAND AND PAYMENT INFORMATION

3. Check-in at events

Because of COVID-19 we have to work with shifts this year, therefore everybody has to check in using your wristband.

How do I top up my balance?

1. Download the TOP Week application
2. Log in to your account with your login credentials received via e-mail
3. Go to 'Tokens'
4. Top up your balance with the following payment methods: iDEAL, credit card, or PayPal.

Problems with the payment system

If you have any questions about the payment system during the week, you can go to the Payment System Helpdesk in Spoorzone. We will be happy to help you if you are having any trouble. You can also ask your questions about the payment system from Tuesday to Friday at the Information Point at all the events or at Headquarters in Spoorzone.

What to do if your wristband gets broken or lost

If you lose your wristband with the chip, you can disconnect your account from the wristband once you've logged in. Your account can then be linked to a new wristband. Please go to the TOP Headquarters at Spoorzone if your wristband is broken or lost. If your wristband is broken, you can get a new wristband for free by showing the broken wristband and your ID. If your wristband is lost, you can get a new wristband with the chip for € 40 by showing your ID.

Refunds

After TOP Week 2021, the money that is left in your account will be automatically refunded to your bank account. Make sure that you don't have an empty balance and top up your balance in time.

MENTOR GROUP OF THE DAY

During TOP Week, a daily Mentor-Group-of-the-Day election takes place. There is a new challenge each day, in which you and your TOP group compete with other groups. Those who come in first can win fantastic prizes, which we will keep secret for the time being. You will receive more information about the election during the week on TOP Facebook, TOP Instagram and in the TOP app.

Monday: Cheers to TOP Week. Cheers with your entire group on the beginning of TOP Week.

Tuesday: Make a photo collage of your TOP group visiting 10 games or stands at the Explore 013 Fair.

Wednesday: Dress up for the TOP Music Bingo and be the most originally dressed group.

Thursday: Write a poem about your experiences this TOP Week.

Friday: Take a picture with your group in ultimate chill mode during Into the Waves.

CHALLENGES

This year, you can earn points by doing Challenges in the course of TOP Week, which you can complete together with your group. You can find the Challenges in the TOP Week app. The more Challenges you complete, the more points you will earn. You will also receive points by visiting as many events as possible during TOP Week. If your group earns the most points, you will receive an amazing prize.

Once a Challenge has been completed by your group, you will need to send some evidence to the TOP Organization. The TOP Organization will then judge the amount of effort that you put into the it and will decide whether you have earned your points.

You will receive more information on the Challenges via the TOP Week app.

**‘Has anyone ever
promised us anything?
Then why do we
expect something?’**

C. Pavese

Tilburg University Chaplaincy

Studentenkerk Maranatha



**Prof. Cobbenhagenlaan 19
chaplain.nl**

- studying together
- international dinners
- meet the chaplain
- International Student Mass:
every Sunday at 5 p.m.
- movie evenings
- excursions

TOP WEEK APPLICATION

A special TOP Week application (app) is available for your smartphone. This app contains all necessary TOP Week information, such as the program, the locations, Mentor-Group-of-the-Day, and push notifications if there are any changes in the activities. Please make sure you download the TOP Week application, available in the App Store and the Google Play Store.

● For your smartphone

You can download the app now on your smartphone. Search for 'TOP Week' in the App Store or Google Play Store.

● For your desktop

You can also find the app on your desktop. Go to TOP.introcloud.app in your browser to see the desktop version of the application.

The app has many handy features, like seeing your personal TOP Week agenda, if you download this agenda you will see your exact personal program. Also there will be a map of Tilburg with all student hotspots, a checklist of all the things you need as a student in Tilburg, and all information about student associations!



MENTORS AND GROUP DIVISION

All new students who participate in TOP Week will be assigned to groups. Degree-seeking students will be divided into groups of approximately 17 students based on their study program. Exchange students will be divided into groups of approximately 17 students together with other exchange students. You will receive an e-mail with your group number in the week before the start of TOP Week. All groups will be guided by two or more senior students (mentors). A few days before the start of TOP Week, we will send your name and phone number to your mentors, so you can meet your group in the run-up to TOP Week. These mentors will guide you through the week and will be available to answer all your questions during your first year as a student in Tilburg.

Problems with your mentor

If, during TOP Week, you have any problems regarding one of your mentors, you can always call +31 6 42 09 21 70. Your complaints will be dealt with anonymously. It is also possible to file complaints after TOP Week via topregistratie@uvt.nl.

STUDY INTRODUCTION

It is possible that you have your Study Introduction (SI) during TOP Week. During this compulsory introduction to your study program, you will receive information on studying and the details of your program's curriculum. For instance, you will get practical information on the digital learning environment, the facilities available at the university, and places to go to if you have questions or problems. The SI is organized by the various Schools of Tilburg University; this program component is separate from TOP Week. Please note: not all programs organize a SI on Monday. If you have any questions on your SI, please go to the Tilburg University website.

TiSEM	Bachelor: MAK Introduction Day Kick Off Day	23-08 26-08
TISEM	(Pre)-Master	25-08
TLS	Bachelor	23-08
TLS	(Pre)-Master	23/24/26-08
TSB	Bachelor	23/24-08
TSB	(Pre)-Master	24/27-08
TSHD	Bachelor + (Pre)-Master	23/24-08
TSHD	(Pre)-Master	24/26-08
IO	Program Introduction	23-08

Contact information for SI's :

<https://www.tilburguniversity.edu/education/welcome-new-student/introduction-activities/study-program-introduction>



ESN

Erasmus Student Network
Tilburg

**FRIENDS FROM
AROUND THE GLOBE**



**MANY TRAVELING
OPPORTUNITIES**



PARTIES IN OUR BAR

**Carpe
Noctem**



**ALL THIS,
FOR JUST €45 PER YEAR!**

WWW.ESNTILBURG.NL

PROGRAM EXPLANATION

PROGRAM INFORMATION

Optional activities

At certain moments in the program, you will have the option to choose what program item, or items, you want to go to. If the program has two activities at approximately the same time, you can either choose one or opt to combine the two, for instance, by going to the first and joining the second program item a little later. In that way, you are more in control of how you spend your TOP Week! You can choose to visit the same activity together with your group or with just a few members of your group. Here is a list of the optional activities during TOP Week.

Please note: you need to have registered for the following optional activities to participate. This is because these activities have a limited number of places available.

- Symposium, registration will open August 23, 13:00 hrs.
- Sport Class, registration will open August 23, 10:00 hrs.
- Night at the museum, registration will open August 23, 21:00 hrs.
- Cultural Activity, registration will open August 24, 12:45 hrs.
- Workshops, registration will open August 25, 12:00 hrs.

Meeting Point

The whole week, except for Monday, Hostel Roots will be open between 18:00 and 21:00 as a Meeting Point. The Meeting Point serves as an alternative to the afternoon programs at the student associations. Hostel Roots is the place to be if you are looking for a relaxed atmosphere to meet new people. The address is Stationsstraat 41, 5038 EC Tilburg



PROGRAM EXPLANATION

TOP Week 2021 | Shifts

Testing for Access

Monday

Registration
08:00 - 12:00

Tuesday

Sport Classes
10:00 - 12:00

Explore 013 Fair
12:00 - 17:00

Wednesday

Walkthrough Lunch
11:00 - 13:00

TOP
Party
13:00 -
16:00
Shift 1

Meet the
Big Four
15:00 -
17:30
Shift 1

Cultural
Activity
13:00 -
16:00

TOP
Party
18:00 -
21:00
Shift 2

Meet the
Big Four
18:00 -
21:00
Shift 2

(Pre-) Master
Dinner
17:30 -
21:00

Thursday

TOP Festival
12:00 - 15:00
Shift 1

TOP
Festival
15:30 -
18:30
Shift 2

Meet the
Big Four
15:30 -
18:30
Shift 1

(Pre-) Master
Dinner
17:00 -
21:00

TOP Festival
19:00 - 22:00
Shift 4

Meet the Big
Four
19:00 - 22:00
Shift 2

Friday

Into the Waves
11:00 - 16:30

Workshops
13:00 - 16:30

Meet the Big
Four
16:30 - 19:00
Shift 1

TOP OFF
19:00-21:30
Shift 1

Meet the Big
Four
19:00 - 22:00
Shift 2

TOP OFF
22:30 - 01:00 Shift 2

Lust for
Life
19:45 -
21:15

Dinner
19:30 -
22:30
Shift 2

TOP ON
20:00 -
23:00
Shift 1

TOP ON
20:00 -
23:00
Shift 3

Meet the Big
Four
19:30 - 22:00
Shift 2

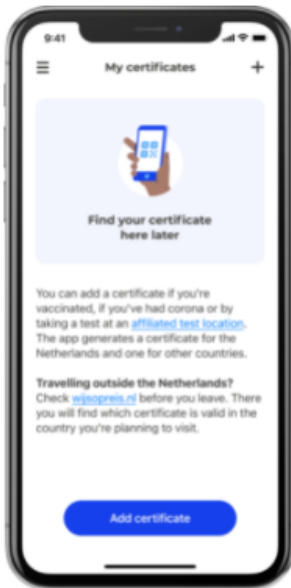
Night at the Museum
21:00 - 23:00



Since the government's COVID-19 measures must be taken into account, TOP Week must also be adjusted accordingly. The shifts program means that activities will take place in shifts so that everyone gets a chance to come and party! This allows that we can ensure that the events take place safely. You and your group will belong to a shift during the week and you will follow the activities according to that. This means that everyone gets the chance to get to know associations and other parties during the “Explore 013 Fair” in the Leijpark, have a bite to eat at the student associations during “Meet the big four” and attend all TOP Week parties. What does the shifts scenario mean? The shifts scenario means working with Testing for Access and with flow events. Certain requirements and restrictions apply.

TESTING FOR ACCESS

How does it work?



1. Get tested or vaccinated

If you've been vaccinated, had coronavirus before or didn't have coronavirus at the time of testing, you get access to certain locations or countries.

2. Make a QR code

Turn your vaccination record or positive / negative test result into a QR code. This is your certificate.

3. Show your QR code

To get access to a certain location or country, both your QR code and your proof of identity need to be checked at the entrance.

TOP Week uses the Testing for Access policy

1. As a participants of TOP Week you have to be vaccinated or tested for coronavirus
2. Is your test result negative, meaning you don't have coronavirus? Have you had corona before? Or have you been vaccinated? Then you can retrieve those details in the CoronaCheck app. Download the app in the Apple App Store or in the Google Play Store.
3. In the CoronaCheck app, enter the retrieval code you received along with your negative test result, or when you were vaccinated. Or use DigiD to retrieve your details.
4. The app makes a certificate from your details, in the form of a QR code
5. Have the QR code scanned at the entrance of the location you're visiting. Don't forget to also bring your proof of identity and entry ticket.

PROGRAM EXPLANATION

TWO VERSIONS OF THE PROGRAM

There is one version of the program for all Bachelor's, exchange, and Avans/Fontys students. The other version is for all pre-Master's and Master's students. The two versions of the program are largely the same, but differ at three moments in the week. Pre-Master's and Master's students have a different late afternoon program on Tuesday, Wednesday, and Thursday: they will not be going to the student associations.

REGISTRATION FOR ACTIVITIES

You will need to book a timeslot for some activities. If you would like to visit the activities with your TOP group, please discuss with your group in which timeslot you want to do the activity. You need to register for the following activities to participate:

- Symposium, registration will open August 23, 13:00 hrs.
- Sport Class, registration will open August 23, 10:00 hrs.
- Night at the museum, registration will open August 23, 21:00 hrs.
- Cultural Activity, registration will open August 24, 12:45 hrs.
- Workshops, registration will open August 25, 12:00 hrs.

You can book timeslots via the TOP Week app or [TOP.introcloud.app](https://top.introcloud.app). The registrations will open 24 hours before the start of the activity. If you have booked a timeslot for an activity, make sure you come to this activity.

Attending TOP activities is not mandatory. Of course, it's more fun to join as many TOP activities as possible to get a taste of the student life in Tilburg.

MONDAY

REGISTRATION

Location: Tilburg University Sports Center

TOP Week starts with your registration as a participant* in the Tilburg University Sports Center. After you have registered online, you will receive your e-ticket by e-mail. The weekend before TOP Week, you will receive an e-mail with the time slot in which you need to register. On page 22, please find the step-by-step process.

Monday

Registration
08:00 - 12:00

Dinner
16:00 - 19:00
Shift 1 & 3

TOP ON
16:00 - 19:00
Shift 2

Lust for
Life
19:45
-
21:15

Dinner
19:30
-
22:30
Shift 2

TOP ON
20:00
-
23:00
Shift 1

DINNER

Location: Wagenmakerij (Sporzone)

On the first evening, dinner for all people participating in TOP Week will be served in Wagenmakerij. You have dinner as a group. Outside, a team will be preparing the food. Your mentors can pick up the food for the whole group there. Please make sure that you have clearly informed the TOP Registration of any allergies or dietary requirements you may have.

TOP ON

Location: Koepelhal (Sporzone)

TOP ON is TOP Week's official opening party, in Koepelhal. All participants come here to party and to start the week in the best way. During this event, you will be taught the official TOP dance routine and various artists will be sure to provide a festive evening.

LUST FOR LIFE SYMPOSIUM

Do you also feel that you can finally 'let go', that after more than a year of restrictions, there are suddenly possibilities again? And are you curious what that does to you and society? Are you overly excited or do you become paralyzed by all the possibilities? Then come to this event by Studium Generale where scientists and other interesting speakers shine their light on 'Lust for Life' and, for dessert, also give you useful tips to get the most out of TOP Week and student life. The moderator is Richard Engelfriet; the speakers of the evening include Prof. Ilja van Beest, Prof. Peter Achterberg, Dr. Bram Peper, Mark van Bergen, and Tess van der Zanden. You can register for this even via the app or you can follow this event online!

TUESDAY

SPORT CLASSES

Location: Tilburg University Sports Center

Begin Tuesday in a sportive fashion with a sports class at the Tilburg University Sports Center! Eleven different sports classes are on offer! Please note that you need to have registered for this activity to participate, because the number of places available is limited. You can register via the TOP Week app.

EXPLORE013 FAIR

Location: Leijpark

In the afternoon, there will be sports and games in Leijpark. The mentors can pick up lunch for the whole group here between 12:00 and 17:00 hrs. During this afternoon, various companies, organizations, and associations will be present with inflatable and other games and provide you with information that might be interesting for your stay in Tilburg. In addition to the study, student, and sports associations, there will be political parties and commercial businesses.

(PRE)MASTERS DINNER

Location: Were Di

For Master's and pre-Master's students, a different program will be organized on Tuesday in the late afternoon. On Tuesday, you and your group will have a nice meal at Were Di in the relaxed atmosphere of the sports park!

MEET THE BIG FOUR

Location: Depends on which student association your group is assigned to: T.S.R. Vidar, St. Olof, I*ESN, or T.S.V. Plato

For Bachelor's students, this is the best opportunity to get to know the student associations. Do you want to join one of these associations and if so, which one suits you best? Or are you just there for a good time during TOP Week? Whatever your choice is, it's guaranteed to be a fun time! The program at each association involves at least a tour of the student association building, dinner, and further fun introductory activities.

TOP ON

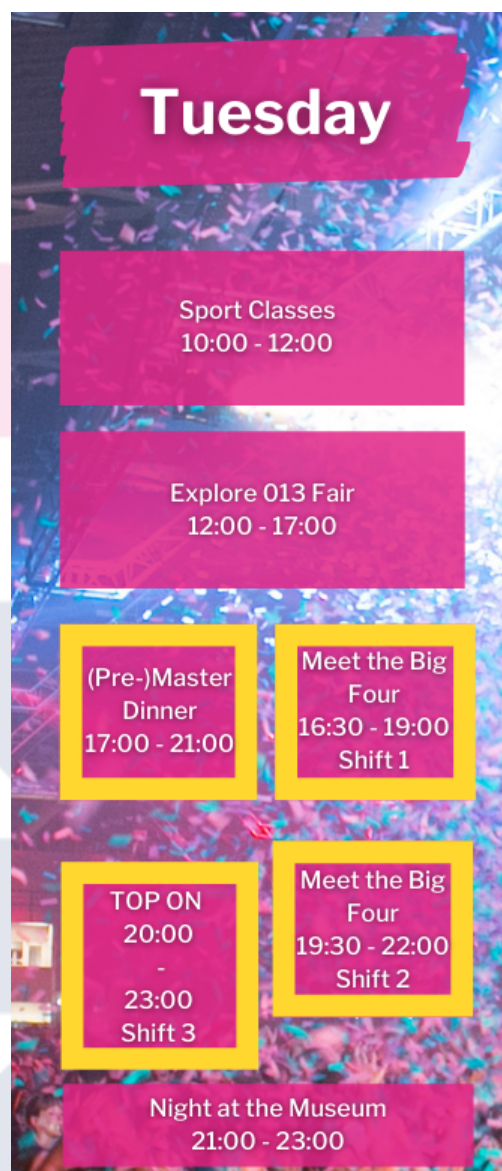
Location: Koepelhal (Sporzone)

TOP ON is TOP Week's official opening party, in Koepelhal. All participants come here to party and to start the week in the best way. During this event, you will be taught the official TOP dance routine and various artists will be sure to provide a festive evening.

NIGHT AT THE MUSEUM

Location: TextielMuseum

On Tuesday night, you can soak up some culture at the Textile Museum. It will open its doors for free, especially for you to show you its permanent collections and exhibitions. The Textile Museum shows inspiring exhibitions in the areas of art, design, and heritage and offers educational programs in a former textile factory. Come and explore this versatile building!



WEDNESDAY

RECHARGE LUNCH

Location: Spoorpark

The Recharge Lunch takes place in Tilburg's city park: Spoorpark. In the morning, you will be prepared for the legendary TOP Party! There will be a wide range of foods available for you to fuel up for the rest of the day.

TOP BINGO PARTY

Location: Wagenmakerij

During the TOP Party, a bingo party will be held by a student bingo organization. It is guaranteed to become a big party with disco while enjoying some nice drinks!

MEET THE BIG FOUR

Location: Depends on which student association your group is assigned to: T.S.R. Vidar, St. Olof, I*ESN, or T.S.V. Plato

For Bachelor's students, this is the best opportunity to get to know the student associations. Do you want to join one of these associations and if so, which one suits you best? Or are you just there for a good time during TOP Week? Whatever your choice is, it's guaranteed to be a fun time! The program at each association involves at least a tour of the student association building, dinner, and further fun introductory activities.

CULTURAL ACTIVITY

Location: Nondejeu and Muzentuin

You get the opportunity to choose between two amazing activities. The first activity is a graffiti workshop at the Muzentuin. During this workshop, you can create your own graffiti painting guided by a professional graffiti artist! The other option is Nondejeu. You can opt to participate in Prison Island: this real life game in Nondejeu's prison has no fewer than 30 challenging cells that will test the physical, tactical, and technical skills of your team. Or you can opt to play a good game of lawn bowling, also called pétanque.

(PRE)MASTERS DINNER

Location: Were Di

For Master's and pre-Master's students, a different program will be organized on Tuesday in the late afternoon. On Tuesday, you and your group will have a nice meal at Were Di in the relaxed atmosphere of the sports park!



THURSDAY

TOP FESTIVAL

Location: Muzentuin

The TOP Festival is the perfect place to spend the afternoon with your TOP group. The Festival will be held in two locations. At the Muzentuin, the festival vibes will not be lacking. There are several food trucks where you can get the best food and the artists who come to play are guaranteed to create a festive atmosphere.

MEET THE BIG FOUR

Location: Depends on which student association your group is assigned to: T.S.R. Vidar, St. Olof, I*ESN, or T.S.V. Plato

For Bachelor's students, this is the best opportunity to get to know the student associations. Do you want to join one of these associations and if so, which one suits you best? Or are you just there for a good time during TOP Week? Whatever your choice is, it's guaranteed to be a fun time! The program at each association involves at least a tour of the student association building, dinner, and further fun introductory activities.

(PRE)MASTERS DINNER

Location: Were Di

For Master's and pre-Master's students, a different program will be organized on Thursday in the late afternoon. Your group will have a nice meal at Were Di in the relaxed atmosphere of the sports park!



FRIDAY

INTO THE WAVES

Location: Experience Island

On the last day of TOP Week, you can go for a swim at Experience Island. During the day, you can chill out after an intensive week, cool off in the pool, sunbathe while enjoying music, and recharge for the fantastic TOP Week final party in the evening.

WORKSHOPS

Location: Online

There will be a couple of workshops available. Containing a workshop about how to get a job via LinkedIn. Also Unipartners will be giving a workshop about timemanagement.

MEET THE BIG FOUR

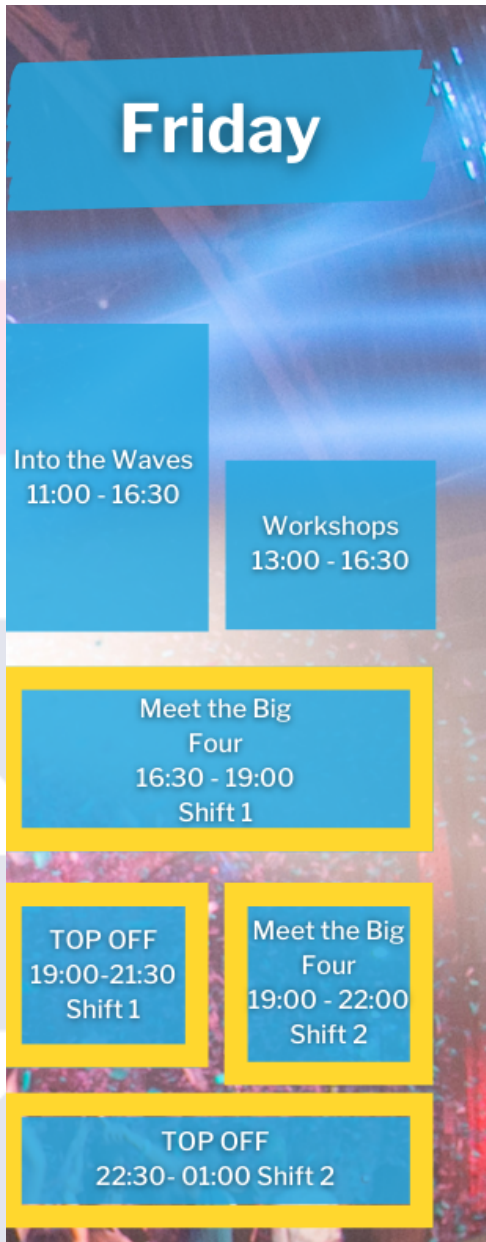
Location: Depends on which student association your group is assigned to: T.S.R. Vidar, St. Olof, I*ESN, or T.S.V. Plato

This is the best opportunity to get to know the student associations. Do you want to join one of these associations and if so, which one suits you best? Or are you just there for a good time during TOP Week? Whatever your choice is, it's guaranteed to be a fun time! The program at each association involves at least a tour of the student association building, dinner, and further fun introductory activities.

TOP OFF

Location: Koepelhal

After a week full of fun and interesting activities, TOP Week is concluded with a grandiose final party: TOP OFF. All groups will be here to end the week with a blast! Enjoy TOP Week to the brim and spend your last tokens.



REGISTRATION

Monday, August 23rd, TOP Week will start with the registration morning. This is an offline event that takes place in the University Sports Center (Academielaan 5, 5037 ET Tilburg). Below you can find all the information you need for this event.

- At this event, **1,5-metre distancing is required**. At the Sports Center, you are expected to follow the walking routes at any time.
- When arriving at the University Sports Center, you can park your bike in the bicycle stands across the street from the Sports Center in front of Avans Hogeschool.
- Make sure that you are present at the Sports Center at the time communicated to you in the groups announcement e-mail. The registration follows a tight schedule, so it is not possible to register earlier or later than the time assigned to you. After registering and receiving your wristband, you will relocate to the sports fields. At the sports fields, you will meet your TOP group, where you will be spending the rest of TOP Week with. If you do not register at the time communicated to you, you are not able to find your TOP group at the sports fields.
- When you have to go to the University for your Study Introduction directly after registration, it is possible to leave your luggage in the Sports Center. We will store this for you safely and you can pick it up after your Study Introduction. If your Study Introduction is online, it is not possible to store your luggage at the Sports Center.
- You will enter the Sports Center through the entry at the Academielaan. From here, you will be directed to 1 of the 2 halls in the sports center to register. Which hall you need to register in is determined by if you have luggage for the week with you during the registration or not. If you need to use the toilet, you need to register yourself in hall 1. You must follow the signs for the directions and listen to the directions from the TOP organization at the entrance. These can be recognized by the TOP Week shirts.

REGISTRATION

- In case you have luggage with you you will receive a luggage label after entering the Sports center. Someone from the TOP organization will hand these out to everyone that has luggage with them during the registration. You are expected to put this luggage label on your luggage yourself. After labelling your luggage, you can hand this off at the end of the hallway where this is indicated. It is only possible to drop off suitcases or an overnight bag. You are expected to take backpacks and handbags with you to the Program Introduction.
- After registering in one of the halls, you leave the Sports Center through the indicated exits. You follow the walking routes outside to reach the University sports fields.
- The sports fields are meant to find your mentors and fellow members of your TOP group. There are lines on the sports field for every group, which line your group is in will be announced in the TOP app. Make sure to download the TOP app before registration. Your mentor will stand in the front of the line. When arriving at the sports field, you are meant to join the line of your group. 1.5m distancing is still required, so take place on 1.5m distance behind your co-participant or mentor. When your group is complete, you will leave the field through the exit of the sports fields with your group.
- If you have ordered a Swapfiets, you can pick this up in their store at Burgemeester Stekelenburgplein 199. Make sure you make an appointment with Swapfiets to pick up your Swapfiets. It may be busy in the Swapfiets store, so make sure you have enough time to reach the registration at your registration time.
- If you are not able to be present at your registration time because of a valid reason, please let us know by sending an e-mail to topregistratie@uvt.nl.

If you have any questions about the registration, you can send an e-mail to topregistratie@uvt.nl.

IMPORTANT ADDRESSES AND CONTACTS

ORGANIZATION

TOP Headquarters (HQ)
Koepelhal Spoorzone
NS Plein 65
5041 DA Tilburg
+31 6 42 09 21 70 (24 hrs. a day)

HQ opening hours:
Monday 13:30 – 23:00 hrs.
Tuesday 8:00 – 00:00 hrs.
Wednesday 8:00 – 22:00 hrs
Thursday 8:00 – 22:00 hrs.
Friday 8:00 – 21:00 hrs.

Tilburg Orientation Program
TOP office (E2.02, Tilburg University campus)
PO Box 90153
5000 LE Tilburg
The Netherlands
+ 31 13 466 2849
+ 31 6 42 09 21 70
top@tilburguniversity.edu
www.top-week.nl/en

Please note: this is the general addresss. During TOP Week, you can only find us at HQ.

TOP Registration
Tilburg University Sports Center
Academielaan 5
5037 ET Tilburg
+31 13 466 3012



Basic rules for everyone

Following the basic rules helps protect yourself and others from a coronavirus infection, even if you've already been vaccinated. This means washing hands often, keeping your distance, getting tested and staying home when you have symptoms. This will help open up society more quickly.



Washing hands



Wash your hands thoroughly and regularly.



Cough and sneeze into your elbow.



Touch your face as little as possible.



Don't shake hands with others.



Distancing



Stay 1.5 metres away from others.



Minimise in-person contacts.



Avoid busy places.



Wear a face mask where required.



Testing



COVID-19 symptoms? Stay at home.



Do not receive visitors.



Get tested as soon as possible.



Stay at home while you are waiting for the results.

IMPORTANT ADDRESSES AND CONTACTS

EMERGENCY CONTACTS

Emergency: police, ambulance and fire brigade	112
Emergency at Tilburg University	+3113 466 25 25
Non-emergency: local police	+31900 88 44
Non-emergency: First Aid	+31900 332 22 22
Non-emergency: Tilburg city center fire brigade	+31900 0904

UNIVERSITY'S CONTACT DETAILS

Tilburg University
Warandelaan 2
5037AB Tilburg
The Netherlands
+31 13 466 9111
www.tilburguniversity.edu

Avans University of Applied Sciences
Professor Cobbenhagenlaan 13
5037DA Tilburg
The Netherlands
+31 13 595 8100
www.avans.nl

Fontys University of Applied Sciences
Professor Goossenslaan 1
5022DM Tilburg
The Netherlands
+31 88 508 0000
www.fontys.nl

Magister JFT (Tilburg Law School)
Esplanade Building, Room E221
Warandelaan 2
5037 AB Tilburg

MAK Mentorship System (TiSEM)
Esplanade Building, Room E111
Warandelaan 2
5037 AB Tilburg

IMPORTANT ADDRESSES AND CONTACTS

TILBURG UNIVERSITY STUDENT DESK

- Questions for the Student Desk? Fill in the online form via the Tilburg University website.
- From Monday to Friday, you can call the Student Desk at +31 13 466 8000 between 10:00–12:00 hrs. and 13:30–15:30 hrs.
- From Monday to Friday, you can chat with the Student Desk via a ‘Live Chat’ (see the Tilburg University website) between 10:00–12:00 hrs. and 13:30–15:30 hrs. www.tilburguniversity.edu/studentdesk

TILBURG UNIVERSITY INTERNATIONAL OFFICE

Please note: it is not possible to visit the International Office, due to COVID-19.

For degree-seeking students:

+31 13 466 5647

internationaloffice@tilburguniversity.edu

For exchange students:

+31 13 466 4477

studyabroad@tilburguniversity.edu

IMPORTANT ADDRESSES AND CONTACTS

TILBURG UNIVERSITY STUDENT PSYCHOLOGIST

The student psychologists can help you to deal with personal and study-related circumstances that affect your study progress. All registered students from Tilburg University are welcome to seek help from the student psychologists. In case you want to consult a student psychologist, you need to fill in the online application form (see the Tilburg University website). You can also attend a workshop.

studentpsycholoog@tilburguniversity.edu

www.tilburguniversity.edu/students/tutoring/psychologist

MAP OF TILBURG UNIVERSITY



A Academia Building
M Montesquieu Building
S Simon Building
D Dante Building
R Restaurant "Mensa"
K Koopmans Building
C Cobbenhagen Building
G Goossens Building
F Faculty Club

W Warande Building
P Prisma Building
T Tias Building
L Library
V Security
RP Reitse Poort
RT Reitse Toren
I Intermezzo
E Esplanade Building

Or go to <https://www.tilburguniversity.edu/contact/campus-map>

PACKING LIST

There are some important things you will need to bring every day. Below, you can find a list of things that are important to bring during TOP Week .

- A smartphone, so you can use the TOP Week app or keep in contact with your mentors and your group. Also very handy to have with you in the event of an emergency.
- Hand sanitizer. This is not mandatory to carry it with you, but very handy to have on hand.
- A bicycle, so that you can easily explore the city.
- Cash money and/or your bank card. Keep in mind that not all types of credit cards are accepted in the Netherlands. Please note: some shops in the Netherlands no longer accept cash, due to COVID-19.
- ID card or passport, so you can identify yourself. It is mandatory in the Netherlands to have ID on you in public spaces.

BICYCLE PARKING STATIONS

Bicycle parking stations

During TOP Week, you need a bicycle to explore the city. It's also possible to rent a bike from 'Swapfiets' via www.swapfiets.nl/en/tilburg. You are able to request a swap bike when you register. If you have not done so, please contact them yourself. You can only park your bike in bicycle stands or the free bicycle parking stations throughout the city center. The bicycle parking stations close half an hour after the pubs close, which gives you plenty of time to collect your bike.

Bicycle parking stations in the city

Here you can find an overview of all bicycle parking stations and their opening hours in the city of Tilburg. Please note: all parking stations in the city of Tilburg are free of charge.

- Heuvel

Monday to Sunday: 07:00 hrs. – 02:00 hrs.

- Pieter Vreedeplein

Monday to Saturday: 07:00 hrs. – 01:00 hrs.

Sunday: 10:00 hrs. – 01:00 hrs.

- Concertzaal

Monday to Saturday: 07:00 hrs. – 01:00 hrs.

Sunday: 10:00 hrs. – 01:00 hrs.

- Katterug

Monday to Wednesday: 08:30 hrs. – 20:00 hrs.

Thursday: 08:30 hrs. – 22:00 hrs.

Friday & Saturday: 08:30 hrs. – 20:00 hrs.

Sunday: Closed

TOP ORGANIZATION

TOP Week would not have been possible without a large number of dedicated people. The TOP organization, which consists of seven board members and twelve committee members, has worked really hard these past few months to make TOP Week a great success and we would like to express our gratitude to the hundreds of mentors and TOP crew who have contributed to TOP Week 2021!

TOP Week is organized by students like you. Would you like to take part in the organization as a board member, a committee member, a mentor, or TOP crew member? Check out www.top-week.nl/en, come to the TOP room at E202 (Esplanade Building) or send an e-mail to top@uvt.nl.



TOP WEEK



@TOPWEEK013



WWW.TOP-WEEK.NL



TOP@UVT.NL