



MENTOR BOOKLET TOP WEEK 2021

23 - 27 AUGUST
TOP@UVT.NL



Dear mentor,

We are very pleased that you will be guiding new students during TOP Week 2021. In this booklet, you can find all the important information regarding TOP Week 2021. This includes tips, rules and all the activities. Please read this booklet thoroughly so you know the full program and what is expected from you as a mentor during TOP Week 2021.

Join our Facebook event 'TOP Week 2021' or follow us on Instagram to stay up to date about everything during TOP Week 2021. Moreover, we also recommend downloading the TOP Week Application (search for 'TOP Week') so that you can find all the information that you need on your smartphone. Any important changes will be communicated through Facebook, Instagram and push notifications on the app. So please keep an eye on this.

Any questions? Please send us a WhatsApp message at +31 6 42 09 21 70.

Thank you!

Kind regards,

TOP 2021



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CHANGES COMPARED TO TOP WEEK 2020/2019

COVID-19

Since the government's COVID-19 measures must be taken into account, TOP Week must also be adjusted accordingly. The shifts program means that activities will take place in shifts so that everyone gets a chance to come and party! This allows us to ensure that the events take place safely. You and your group belong to a shift during the week, which determines when it is your group's turn for an activity. This means that everyone gets the chance to get to know associations and other parties during the "Explore 013 Fair" in the Leijpark, have a bite to eat at the student associations during "Meet the big four" and attend all TOP Week parties. What does the shifts scenario mean? The shifts scenario facilitates Testing for Access and flow events. Certain requirements and restrictions apply.

TOP Party

This year there will be a TOP Party instead of the TOP Cantus. During the TOP Party there will be a fun bingo. Your group can win amazing prizes! During the bingo there will be some fun music and a lot of entertainment.

Into the Waves

Instead of going to the Stappegoor we will visit Experience Island this year for the swimming activity. Here you can chill on the beach or go for a refreshing swim. There will also be a lot of food and some fun music and entertainment.

IMPORTANT INFORMATION

INFORMATION POINT

During TOP Week, there will be an Information Point at all activities. A member of the TOP organization will always be available to answer any questions that you may have. First aid assistance is also available at the IP.

TOP HEADQUARTERS (HQ)

TOP Headquarters (HQ) is the central meeting point for the TOP organization during TOP Week. If you have any questions during TOP Week, you can go to HQ. If you are arriving late, you can also pick up your TOP wristbands and TOP bag here. The location of HQ is Koepelhal (Sporzone). In the event of an emergency, you can contact HQ 24 hours a day via telephone (+31 6 42 09 21 70).

The full address of HQ:

Koepelhal
NS Plein 65
5014 DA Tilburg

TOP WRISTBANDS

During the registration on Monday morning, August 23, you will receive two TOP Week wristbands. One wristband gives you access to all TOP Week activities. The chip on this wristband also serves as your e-wallet throughout TOP Week. Please wear these wristbands throughout TOP Week, from the registration on Monday until Friday evening!

If one of your wristbands breaks in the course of the week, you can get a new one at HQ. You will only be given a new wristband if you have your old (broken) wristband and a valid ID card or passport with you. If you lose your wristband, you will need to buy a new one. A new wristband without a chip costs € 5, a new one with a chip costs € 40. It is not possible to buy a new wristband if the original one was taken away by the board of the TOP Foundation.

IMPORTANT INFORMATION

TOP WEEK APPLICATION

A special TOP Week application (app) is available for your smartphone. This app contains all necessary TOP Week information, such as the program, the locations, Mentor-Group-of-the-Day, and push notifications if there are any changes in the activities. Please make sure you download the TOP Week application, available in the App Store and the Google Play Store. You need to log in once to see your personal program.

ALCOHOL & DRUGS POLICY

TOP offers a fun and diverse program which is also a lot of fun without alcohol. However, we will have to abide by the following legal rules under Dutch law.

- it is prohibited to sell or serve alcohol to people younger than 18. If you give alcohol to an under-age participant, your wristband will be taken away and you will be banned from becoming a mentor in the future.
- People under the age of 18 are punishable by law if they possess and/or drink alcohol in public places, for example, streets, pubs, shopping malls, train stations or parks.
- The law does not differentiate between beverages with different percentages of alcohol.

TOP RULES REGARDING ALCOHOL & DRUGS

- Participants receive a wristband according to their age: 18- wristbands for participants under the age of 18 and 18+ wristbands for participants older than 18 years. Without an age wristband, you will not be served at bars, so do not take off your age wristband before TOP Week 2021 has ended!
- There will be a 100% control on age wristbands at the entrances to TOP activities, bars and student associations. The TOP organization and security and bar personnel are allowed to ask for identification cards to verify your age.
- The organization and security and bar personnel will supervise the entire TOP Week and frequently check participants' age wristbands. We ask all mentors to be responsible and support TOP; together we can make sure that all participants have a great TOP Week.

IMPORTANT INFORMATION

- It is your job as mentor to keep an eye on your under-age group members and make them feel just as enthusiastic about TOP Week as group members who are allowed to drink.

According to the Dutch Opium Act, it is legal to use and carry a certain amount of soft drugs. However, TOP does not tolerate the use of any drugs during TOP Week. It is prohibited to join TOP activities under the influence of drugs or to have drugs with you or sell them during these activities. Entry will be refused if there is a suspicion of any drug use. There will also be the risk of losing your TOP wristband if you break any of these rules. Security will be allowed to search mentors and participants if there is any suspicion.

WHATSAPP GROUP

As soon as you know which students are in your group, please make sure to create a WhatsApp group and invite them all. The weekend before TOP Week, you will receive a list with phone numbers from the students in your group. By doing this, you can make clear agreements with everyone about housing and all students will know how to reach their mentor(s) and each other.

Please note: Some international students struggle to find accommodation. This means that, if you guide an international group, probably more people will still need a place to sleep. Please make sure you arrange a place to sleep for all students before the start of TOP Week.

DIFFERENT CULTURES

People from all over the world are participating in TOP Week due to the rise in English-taught programs at Tilburg University. Consequently, you will have to take many different cultures and behaviors into account. Good communication is essential to create a pleasant atmosphere within your group and to make sure that everyone has a great week.

IMPORTANT INFORMATION

LUNCHES & SUPPERS

With your wristband, you will be able to pick up your lunch (on Tuesday, Wednesday and Friday) and dinner (all days of the week) at all different locations. Lunch and dinner can be picked up by the mentors as well as the participants. If the group is not complete, it is possible to pick up lunch or dinner in shifts.

As mentors you will collect meals for your mentor group at one of the points of distribution. Make sure you're at the right place, otherwise it will not be possible to receive food. Please remember to clean up after your group has finished their meal. More than 4000 students can create a big mess, and TOP Week is responsible for keeping Tilburg clean. A better environment starts with you!

Please note: drinks are not included in lunch and dinner!

In the table below, you can find the locations where lunches and suppers will be distributed.

Day	Lunch	Supper
Monday	-	Spoorzone
Tuesday	Explore 013 Fair (between 12:30 - 14:00)	Student Associations or WereDi
Wednesday	Spoorpark (between 11:00 - 13:00)	Student associations
Thursday	-	Students associations or WereDi
Friday	Experience Island (between 12:00 - 14:00)	Students associations

IMPORTANT INFORMATION

BICYCLE PARKING

During TOP Week, you need a bicycle to travel between the various activities. Make sure everybody in your group has a bike as well. You can only park your bike in the bicycle stands and in the free bicycle parking stations. Additional bicycle parking is available at the following locations:

Registration: Avans

Heuvel: Heuvel 35

Spoorzone: Bikeparking

SMOKING POLICY AT TILBURG UNIVERSITY

Please note that the Tilburg University campus as well as the Tilburg University Sports Center have a smoke-free policy. This means that smoking is not allowed anywhere on campus or around the Sports Center. E-cigarettes are not allowed either.

TOP PARTY RULES

Removal	Warning
Smoking inside	Unpleasant drunk behaviour
Fighting	Leaving your bench
Peeing	Conga line dancing (leaving the table with the whole group)
Throwing up	Not following the COVID-19 restrictions set by the TOP Foundation
Throwing beer, booklets or cans	
Standing on benches or tables	
two official warnings of the TOP organization	



ESN

Erasmus Student Network
Tilburg

**FRIENDS FROM
AROUND THE GLOBE**



**MANY TRAVELING
OPPORTUNITIES**



PARTIES IN OUR BAR

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CHIPPED WRISTBAND AND PAYMENT SYSTEM

TOP WEEK APP

A special TOP Week application (app) is available for your smartphone. This app contains all the necessary TOP Week information, such as the program, the locations, Mentor-Group-of-the-Day, and push notifications if there are any changes in the activities. You can also link your wristband to the TOP app, so that you can check your current balance, send payment requests, make groups and transfer balance. See 'Balance' for more information about this.

TOP WEEK PAYMENT SYSTEM

During TOP Week 2021, we use a payment system where you can pay by using your chipped wristband. An account will be created for you before TOP Week 2021. Prior to TOP Week, you will receive an e-mail with your login credentials for the account; you can add information about any allergies or dietary requirements you may have and you can top up your balance.

Top up your balance

1. Download the TOP Week application
2. Log in to your account
3. Go to 'Balance'
4. Top up your balance with the following payment methods: iDEAL, credit card, or PayPal.

Registration

For the Registration, it is important that you have activated your account and that you bring the e-ticket with the QR Code. During the Registration, your account will be linked to your chipped wristband.

Refunds

After TOP Week 2021, the money that is left on your account will be automatically refunded to your bank account. Make sure that you don't have an empty balance and top up your balance in time.

CHIPPED WRISTBAND AND PAYMENT INFORMATION

Problems with the payment system

If you have any questions about the payment system on Monday, you can go to the Payment System Helpdesk during dinner in the Spoorzone. We will be happy to help you if you are having any trouble. You can also ask your questions about the payment systems from Tuesday to Friday at the Information Points at all the events or at Headquarters in the Spoorzone.

Making a payment

If, for example, you order a drink, you will have to tap your wristband to the payment terminal at the bar. The bartender will place the order on your account and the costs will be credited from your balance.

Activities where TOP tokens are NOT accepted: Student Associations, Meet The Big Four, Night at the Museum and the Cultural Activity.

STUDY INTRODUCTION

It is possible that the students in your group have a mandatory Study Introduction (SI). The new students will receive information on studying and the details of their program's curriculum. It is your job as a mentor to guide your students to their SI after the TOP Registration.

In the table below you can find the Study Introduction schedule.

TiSEM	Bachelor: MAK Introduction Day Kick Off Day	23 - 08 26 - 08
TiSEM	(Pre-)Master	27 - 08
TLS	Bachelor	23 - 08
TLS	(Pre-)Master	23/24/26 - 08
TSB	Bachelor	23/24 - 08
TSB	(Pre-)Master	24/27 - 08
TSHD	Bachelor + Pre-Master	23/24 - 08
TSHD	(Pre-)Master	24/26 - 08
IO	Program Introduction	23 - 08

Contact information for SI's :

<https://www.tilburguniversity.edu/education/welcome-new-student/introduction-activities/study-program-introduction>

GUIDELINES & TIPS

1. Make all new students feel welcome in Tilburg and at Tilburg University: international as well as Dutch students, and introverted as well as extraverted students. Have a friendly and inviting attitude and take into account different personalities and cultures. Help the new students adjust to life in Tilburg because the process of moving to and studying in a new city or country – as well as coping with a new cultural environment – can take some effort getting used to. As a mentor, it is your job to guide and help new students adjust to the way of living in Tilburg. Remember that not every person likes to party or drink a lot. Respect every lifestyle and make sure everyone feels at home in Tilburg.
2. Follow the program of TOP Week and be on time. Do not forget that participants paid € 75 for TOP Week. TOP organizes this week for these new students and it is your job as a mentor to make sure they can join every TOP activity if they want to.
3. Make sure you know the program and inform your group members. For your group members, all activities are new and they don't know what to expect. Please tell your group members what is on the program, what (not) to bring, and what to expect.
4. Be open-minded and show new students as much as possible. Make sure that you do not only show the new students what you like, but be open-minded and show the students as much of student life and Tilburg as possible.
5. Make clear agreements with your co-mentor(s) and take responsibility. As a mentor, you are also responsible for your group of kids that week, so make sure you take that responsibility seriously. Make clear agreements with your co-mentor about how you will act in certain (problematic) situations. For example: what do you do if someone has drunk too much?

GUIDELINES & TIPS

6. Be enthusiastic and well-prepared and stay positive! You and your co-mentor(s) will set the mood. Make sure you have a good ice-breaker at the start of the week to get to know each other. In this way, you will create a good team spirit and a more connected group.

7. Reach out to your group by sharing your background and experiences. Encourage an active dialogue by asking open-ended questions and try to answer their questions.

MENTOR GROUP OF THE DAY

During TOP Week, a daily Mentor-Group-of-the-Day election takes place. There is a new challenge each day, in which you and your TOP group compete with other groups. Those who come in first, second and third place can win fantastic prizes, which we will keep secret for the time being. You will receive more information about the election during the week on TOP Facebook, TOP Instagram and in the TOP app.

Monday

Monday: Cheers to TOP Week. Cheers with your entire group on the beginning of TOP Week.

Tuesday

Make a photo collage of your TOP group visiting 10 games or stands at the Explore 013 Fair.

Wednesday

Dress up for the TOP Music Bingo and be the most originally dressed group.

Thursday

Write a poem about your experiences this TOP Week.

Friday

Take a picture with your group in ultimate chill mode during Into the Waves.

OOK OLOF?

WORD LID VAN HET T.S.C. ST. OLOF

OOK
OLOF?



DE VETSTE FEESTEN EN EVENEMENTEN

De feesten bij Olof zijn beroemd in Tilburg en ver daarbuiten! Deze feesten, georganiseerd door de leden zelf, trekken heel studierend Tilburg. Voor deze feesten wordt de sociëteit bijna maandelijks omgetoverd tot heuse discotheek, waar een biertje voor slechts €0.90 van jou is!

ACTIEF IN MEER DAN 30 UITDAGENDE COMMISSIES

Bij Olof zijn er talloze manieren om jezelf te ontplooien. Door de jaren heen krijg je veel kansen om je horizon te verbreden, organisatorische ervaring op te doen en leer je hoe het is om een leider te zijn. Bovendien telt Olof meer dan 4.500 oud-leden, die je allemaal kunnen helpen aan een stage of baan!



DE OUDSTE EN ACTIEFSTE VERENIGING VAN TILBURG

Het Tilburgs Studenten Corps St. Olof is de oudste en meest toonaangevende studentenvereniging van Tilburg en telt bijna 600 leden. Olof is tegelijkertijd met Tilburg University opgericht in 1927, en heeft daardoor een scala aan mooie en bijzondere tradities.

MAAK VOLGENDE ZOMER HET XIXE LUSTRUM MEE

Om de vijf jaar viert Olof haar lustrum. In de zomer van 2022 viert Olof haar 19e lustrum ter ere van de 95e verjaardag. Twee weken lang vieren we feest en zijn er activiteiten zoals een gala, de rijool, de buitendag, een open feest, en nog veel meer waar alle leden van Olof bij zijn!



GA NAAR WWW.OLOF.NL/WORD-LID

PROGRAM

SHIFTS PROGRAM EXPLAINED

Since the government's COVID-19 measures must be taken into account, TOP Week must also be adjusted accordingly. The shifts program means that activities will take place in shifts so that everyone gets a chance to come and party! This allows us to ensure that the events take place safely. You and your group belong to a shift during the week, which determines when it is your group's turn for an activity. This means that everyone gets the chance to get to know associations and other parties during the "Explore 013 Fair" in the Leijpark, have a bite to eat at the student associations during "Meet the big four" and attend all TOP Week parties. What does the shifts scenario mean? The shifts scenario facilitates Testing for Access and flow events. Certain requirements and restrictions apply.

PROGRAM INFORMATION

Two versions of the program

There is one version of the program for all Bachelor's, exchange, and HBO students. The other version is for all pre-Master's and Master's students. The two versions of the program are largely the same, but differ at three moments in the week. On Monday afternoon, almost all Bachelor's and exchange students have a Program Introduction. Pre-Master's and Master's students have a different late afternoon program on Tuesday and Thursday: they will not be going to the student associations.

PROGRAM EXPLANATION

PROGRAM INFORMATION

Optional activities

At certain moments in the program, you will have the option to choose what program item, or items, you want to go to. If the program has two activities at approximately the same time, you can either choose one or opt to combine the two, for instance, by going to the first and joining the second program item a little later. In that way, you are more in control of how you spend your TOP Week! You can choose to visit the same activity together with your group or with just a few members of your group. Here is a list of the optional activities during TOP Week.

Please note: you need to have registered for the following optional activities to participate. This is because these activities have a limited number of places available.

- Symposium, registration will open August 23, 13:00 hrs.
- Sport Class, registration will open August 23, 10:00 hrs.
- Night at the museum, registration will open August 23, 21:00 hrs.
- Cultural Activity, registration will open August 24, 12:45 hrs.
- Workshops, registration will open August 25, 12:00 hrs.

Meeting Point

The whole week, except for Monday, Hostel Roots will be open between 18:00 and 21:00 as a Meeting Point. The Meeting Point serves as an alternative to the afternoon programs at the student associations. Hostel Roots is the place to be if you are looking for a relaxed atmosphere to meet new people.



PROGRAM EXPLANATION

PROGRAM



Since the government's COVID-19 measures must be taken into account, TOP Week must also be adjusted accordingly. The shifts program means that activities will take place in shifts so that everyone gets a chance to come and party! This allows that we can ensure that the events take place safely. You and your group will belong to a shift during the week and you will follow the activities according to that. This means that everyone gets the chance to get to know associations and other parties during the “Explore 013 Fair” in the Leijpark, have a bite to eat at the student associations during “Meet the big four” and attend all TOP Week parties. What does the shifts scenario mean? The shifts scenario means working with Testing for Access and with flow events. Certain requirements and restrictions apply.

MONDAY

08:00 - 12:00 registration @TilburgUniversity Sports Center & Foyer Dante Building

Monday, August 23rd, TOP Week will start with the registration morning. For mentors, this offline event takes place in building D at the university. Below you can find all the information you need for this event. The time you're expected to register is communicated to you in a separate e-mail in the week before TOP Week.

- At this event, 1,5-metre distancing is required. At the University, it will be indicated where you are meant to take place and you are expected to follow the walking routes at any time.
- Make sure that you are present at the University at the time communicated to you in the previous e-mail. The registration follows a tight schedule, so it is not possible to register earlier or later than the time assigned to you. After registering and receiving your wristband, you will relocate to the sports fields. At the sports fields, you will meet your TOP group. If you do not register at the time communicated to you, your TOP group will not be able to find you at the Sport fields.
- The sports fields are meant to find the members of your TOP group. When arriving at the sport fields you follow the directions for mentors until you reach the front of the sport field. There are lines on the sports field for every group, which line your group is in will be announced in the TOP app. Make sure to download the TOP App before registration. You as a mentor will stand in front of the line. Participants from your TOP Group will join this line from the beginning of the sport field. 1.5m distancing is still required, so it will be indicated where you can take place. Make sure to announce in the group chat that you are present at the field and make sure that everyone in your group does this as well. When your group is complete, you will leave the field through the exit of the sports fields with your group.

If you have any questions about the registration, you can send an e-mail to topmentoren@uvt.nl.

MONDAY

17:00 - 23:00 Dinner @Sporzone

17:00 - 19:30: shifts 1 & 3

19:30 - 23:00: shift 2

On the first evening, dinner for all people participating in TOP Week will be served in Wagenmakerij. You have dinner as a group. Outside, a team will be preparing the food. You as mentors can pick up the food for the whole group there. Please make sure that you have clearly informed the TOP Registration of any allergies or dietary requirements you may have.

17:00 - 23:00 TOP ON @Sporzone

17:00 - 19:30: shift 2

19:30 - 23:00: shift 1

TOP ON is TOP Week's official opening party, in Koepelhal. During this event, you will be taught the official TOP dance routine and various artists will be sure to provide a festive evening.

20:00 - 22:00 Lust for Life Symposium @ Tilburg University

Studium Generale organizes a symposium about 'Lust for Life'. Tilburg University researchers will talk about different subjects which relate to the 'Lust for Life' theme. The moderator is Richard Engelfriet and the speakers include: Prof. Ilja van Beest, Prof. Peter Achterberg, Dr. Bram Peper, Mark van Bergen and Tess van der Zanden.

TUESDAY

10:00 - 12:00 Sports Class @Sports Center

Begin Tuesday in a sportive fashion with a sports class at the Tilburg University Sports Center! Several different sports classes are on offer. Please note that you need to register for this activity to participate, because the number of places available is limited. You have received an e-mail on how to register for this activity.

12:00 - 17:00 Explore 013 Fair @Leijpark

In the afternoon, there will be sports and games in Leijpark. Here lunch will be provided for your whole group. During this afternoon, various companies, organizations, and associations will be present with inflatable and other games and provide the participants with information that might be interesting for their stay in Tilburg. In addition to the study, student, and sports associations, there will be political parties and commercial businesses.

17:00 - 21: 00 (Pre-)Master Dinner @WereDi

For Master's and pre-Master's students, a different program will be organized on Tuesday and Thursday in the late afternoon. On Tuesday, you and your group go to WereDi for dinner.

16:30 - 22:00 Meet the Big Four @Student Associations

16:30 - 19:00: shift 1

19:30 - 22:00: shift 2

During the Meet the Big Four activity, you visit the four student associations (T.S.R. Vidar, St. Olof, I*ESN or T.S.V. Plato). Here first-year students have the opportunity to meet and learn more about the different student associations Tilburg has to offer. The program at each association involves at least a tour of the student association building, dinner, and further fun introductory activities.

TUESDAY

19:30 - 22:00 TOP ON @Sporzone

19:30 - 22:00: shift 3

TOP ON is TOP Week's official opening party, in Koepelhal. During this event, you will be taught the official TOP dance routine and various artists will be sure to provide a festive evening.

21:00 - 23:00 Night at the Museum @Textiel Museum

On Tuesday night, you can soak up some culture at the Textile Museum. It will open its doors especially for you to show you its permanent collections and exhibitions. The Textile Museum shows inspiring exhibitions in the areas of art, design, and heritage and offers educational programs in a former textile factory. Come and explore this versatile building!

WEDNESDAY

11:00 - 13:00 Recharge Lunch @Spoorpark

The Recharge Lunch takes place in Tilburg's city park: Spoorpark. In the morning, you will be prepared for the TOP Party! There will be a wide range of foods available for you to fuel up for the rest of the day.

13:00 - 21:00 TOP Party @Spoorzone

13:00 - 16:00: shift 1

18:00 - 21:00: shift 2

When everyone's got their grub on and has laid a good foundation with the Recharge Lunch, it is time for the one and only TOP Party. The TOP Party will be a fun music bingo in the Koepelhal

13:00 - 15:30 Cultural Activity @NondeJeu + Muzentuin

People in your group who are not interested in the TOP Party can join the Cultural Activity. We offer two different cultural activities this year, the first one is a graffiti workshop in the Muzentuin and the second one is playing a game of jeu de boules (pétanque) at NondeJeu. Please note: this activity has a limited number of places available. Note: you have to register for this activity!

14:30 - 21:00 Meet the Big Four @Student Associations

14:30 - 17:30: shift 1

17:00 - 21:00: shift 2

During the Meet the Big Four activity, you visit the four student associations (T.S.R. Vidar, St. Olof, I*ESN or T.S.V. Plato). Here first-year students have the opportunity to meet and learn more about the different student associations Tilburg has to offer. The program at each association involves at least a tour of the student association building, dinner, and further fun introductory activities.

THURSDAY

12:00 - 22:00 TOP Festival @Muzentuin

12:00 - 14:30: shift 1

14:30 - 17:00: shift 2

17:00 - 19:30: shift 3

19:30 - 22:00: shift 4

The TOP Festival is the perfect place to spend the afternoon with your TOP group

14:30 - 21:00 Meet the Big Four @Student Associations

14:30 - 17:30: shift 1

18:00 - 21:00: shift 2

During the Meet the Big Four activity, you visit the four student associations (T.S.R. Vidar, St. Olof, I*ESN or T.S.V. Plato). Here first-year students have the opportunity to meet and learn more about the different student associations Tilburg has to offer. The program at each association involves at least a tour of the student association building, dinner, and further fun introductory activities.

17:00 - 21:00 (Pre-)Master's Dinner @WereDi

For Master's and pre-Master's students, a different program will be organized on Tuesday and Thursday in the late afternoon. On Thursday, you and your group go to WereDi for dinner.

FRIDAY

11:00 - 16:30 Into the Waves @Experience Island

On the last day of TOP Week, you can go for a swim at Experience Island. During the day, you can chill out after an intensive week, cool off in the lake, sunbathe while enjoying music, and recharge for the fantastic TOP Week final party in the evening.

13:00 - 16:30 Workshops @Online event

There will be a couple of workshops available. Containing a workshop about how to get a job via LinkedIn. Also Unipartners will be giving a workshop about timemanagement.

16:30 - 22:00 Meet the Big Four @Student Associations

16:30 - 19:00: shift 1

19:30 - 22:00: shift 2

During the Meet the Big Four activity, you visit the four student associations (T.S.R. Vidar, St. Olof, I*ESN or T.S.V. Plato). Here first-year students have an opportunity to meet and learn more about the different student associations Tilburg has to offer. The program at each association involves at least a tour of the student association building, dinner, and further fun introductory activities.

16:30 - 01:00 TOP OFF @Sporzone

16:30 - 19:00: shift 1

19:30 - 22:00: shift 2

22:30 - 01:00: shift 3

After a week full of fun and interesting activities, TOP Week is concluded with a grandiose final party: TOP OFF. Enjoy TOP Week to the brim and spend your last tokens.

**‘Has anyone ever
promised us anything?
Then why do we
expect something?’**

C. Pavese

Tilburg University Chaplaincy

Studentenkerk Maranatha



**Prof. Cobbenhagenlaan 19
chaplain.nl**

- studying together
- international dinners
- meet the chaplain
- International Student Mass:
every Sunday at 5 p.m.
- movie evenings
- excursions

IMPORTANT ADDRESSES AND CONTACTS

ORGANIZATION

TOP Headquarters (HQ)
Koepelhal Spoorzone
NS Plein 65
5041 DA Tilburg
+31 6 42 09 21 70 (24 hrs. a day)

HQ opening hours:
Monday 13:30 – 22:00 hrs.
Tuesday 8:00 – 22:00 hrs.
Wednesday 8:00 – 22:00 hrs
Thursday 8:00 – 22:00 hrs.
Friday 8:00 – 21:00 hrs.

Tilburg Orientation Program
TOP office (E2.02, Tilburg University campus)
PO Box 90153
5000 LE Tilburg
The Netherlands
+ 31 13 466 2849
+ 31 6 42 09 21 70
top@tilburguniversity.edu
www.top-week.nl/en

Please note: this is the general addresss. During TOP Week, you can only find us at HQ.

TOP Registration
Tilburg University Sports Center
Academielaan 5
5037 ET Tilburg
+31 13 466 3012

IMPORTANT ADDRESSES AND CONTACTS

EMERGENCY CONTACTS

Emergency: police, ambulance and fire brigade	112
Emergency at Tilburg University	+3113 466 25 25
Non-emergency: local police	+31900 88 44
Non-emergency: First Aid	+31900 332 22 22
Non-emergency: Tilburg city center fire brigade	+31900 0904

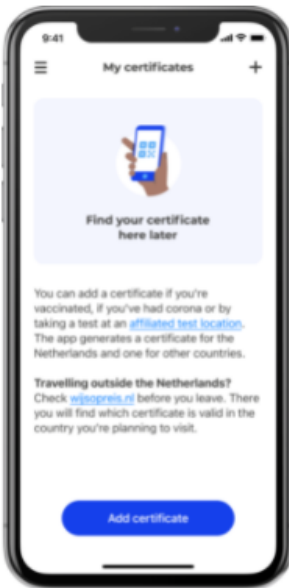
SOCIAL MEDIA

Any information additional to this booklet will be available during TOP Week on the Facebook event page of TOP Week 2021, the TOP Week website and the TOP Instagram page.

www.facebook.com/topweek
www.instagram.com/topweek013
www.top-week.nl/en

TESTING FOR ACCESS

How does it work?



1. Get tested or vaccinated

If you've been vaccinated, had coronavirus before or didn't have coronavirus at the time of testing, you get access to certain locations or countries.

2. Make a QR code

Turn your vaccination record or positive / negative test result into a QR code. This is your certificate.

3. Show your QR code

To get access to a certain location or country, both your QR code and your proof of identity need to be checked at the entrance.

TOP Week uses the Testing for Access policy

1. As a participants of TOP Week you have to be vaccinated or tested for coronavirus
2. Is your test result negative, meaning you don't have coronavirus? Have you had corona before? Or have you been vaccinated? Then you can retrieve those details in the CoronaCheck app. Download the app in the Apple App Store or in the Google Play Store.
3. In the CoronaCheck app, enter the retrieval code you received along with your negative test result, or when you were vaccinated. Or use DigiD to retrieve your details.
4. The app makes a certificate from your details, in the form of a QR code
5. Have the QR code scanned at the entrance of the location you're visiting. Don't forget to also bring your proof of identity and entry ticket.



Basic rules for everyone

Following the basic rules helps protect yourself and others from a coronavirus infection, even if you've already been vaccinated. This means washing hands often, keeping your distance, getting tested and staying home when you have symptoms. This will help open up society more quickly.



Washing hands



Wash your hands thoroughly and regularly.



Cough and sneeze into your elbow.



Touch your face as little as possible.



Don't shake hands with others.



Distancing



Stay 1.5 metres away from others.



Minimise in-person contacts.



Avoid busy places.



Wear a face mask where required.



Testing



COVID-19 symptoms? Stay at home.



Do not receive visitors.



Get tested as soon as possible.



Stay at home while you are waiting for the results.



TOP WEEK



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